

# MARE-study: Metabolic derAngements in heReditary multiple Exostoses (HME) subjects with either heterozygous EXT1 or EXT2 mutations; a clinical cohort study.

Gepubliceerd: 07-11-2011 Laatste bijgewerkt: 18-08-2022

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<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving nog niet gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Observationeel onderzoek, zonder invasieve metingen

## Samenvatting

### ID

NL-OMON27537

### Bron

NTR

### Verkorte titel

MARE study

### Aandoening

hereditary multiple exostoses (HME), glucose tolerance, dyslipidemia, ECG, adrenal function  
diabetes mellitus type 2

## Ondersteuning

**Primaire sponsor:** ZONMW

**Overige ondersteuning:** ZONMW

# Onderzoeksproduct en/of interventie

## Uitkomstmaten

### Primaire uitkomstmaten

Changes in glucose metabolism (oral glucose tolerance tests) in subjects with HME with either EXT1 or EXT2 mutation compared to unaffected control subjects.

## Toelichting onderzoek

### Achtergrond van het onderzoek

To relate clinical phenotype of subjects with Hereditary Multiple Exostoses to EXT genotype in relation to:

1. Glycemic control (HbA1c, fasting glucose and insulin, OGTT and HOMA-r);
2. Cardiovascular risk profile including baseline ECG, dyslipidemia (fasting lipid profiles) and microalbuminuria;
3. Adrenal gland function (synacthen test).

We will study subjects with hereditary multiple exostoses (HME) who are frequently seen at the outpatient clinic of orthopaedic surgery at the OLVG. Patients as well as unaffected family members will be contacted by mail one month before their regular visit to treating physician dr Ham/dr van der Zwan for their consent to participate in these clinic study and to arrive at the OLVG fasted. All studies/measurements will be performed at the OLVG.

### Doel van het onderzoek

A recent Genome Wide Association Study (GWAS) identified novel risk loci for type 2 diabetes including EXT-2. This gene codes for exostosin, which is an enzyme involved in the elongation of heparan sulfate, a glycosaminoglycan present in all cells throughout the human body. Patients with EXT-1 and EXT-2 mutations are phenotypically characterized by the hereditary multiple exostoses/ multiple osteochondromas (HME/MO) syndrome, an autosomal dominant syndrome causing multiple epiphysial bone tumors due to a reduction in heparan sulfate synthesis. Thus, these subjects are solely seen in the orthopaedic outpatient clinic. However, preliminary data show that mice with identical EXT mutations are also characterized by insulin secretion problems and anatomic smaller pancreas, dyslipidemia and adrenal insufficiency. This is most likely induced due to impaired heparan-sulfate orchestrated organ

development and cell to cell signalling.

### **Onderzoeksopzet**

One measurement period.

### **Onderzoeksproduct en/of interventie**

1. Orale glucose tolerance test (OGTT) for glucose disposal;
2. Synacthen test for adrenal gland function.

## **Contactpersonen**

### **Publiek**

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### **Wetenschappelijk**

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## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

1. Males/females aged between 18 and 70 years;
2. Clinical diagnosis of Hereditary Multipele Exostoses (HME) with/without proven EXT1/EXT2

mutation (patient) OR unaffected family member (control);

3. Able to provide written informed consent.

## **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. History of psychiatric disease (psychosis);

2. Malignancy with limited lifespan;

3. Pregnancy or female participants at childbearing age not using adequate contraception (due to synacthen infusion).

## **Onderzoeksopzet**

### **Opzet**

Type:	Observationeel onderzoek, zonder invasieve metingen
Onderzoeksmodel:	Parallel
Toewijzing:	Niet-gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

### **Deelname**

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-02-2012
Aantal proefpersonen:	600
Type:	Verwachte startdatum

## **Ethische beoordeling**

Positief advies	
Datum:	07-11-2011
Soort:	Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

<b>Register</b>	<b>ID</b>
NTR-new	NL2982
NTR-old	NTR3130
Ander register	MEC AMC : 2011_339
ISRCTN	ISRCTN wordt niet meer aangevraagd.

## Resultaten

### Samenvatting resultaten

N/A