

# The association between a drop in systolic blood pressure from the individual reference value and in-hospital mortality in ED patients.

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A low delta SBP is associated with an increased risk of mortality

|                             |                                                     |
|-----------------------------|-----------------------------------------------------|
| <b>Ethische beoordeling</b> | Positief advies                                     |
| <b>Status</b>               | Werving gestart                                     |
| <b>Type aandoening</b>      | -                                                   |
| <b>Onderzoekstype</b>       | Observationeel onderzoek, zonder invasieve metingen |

## Samenvatting

### ID

NL-OMON27709

### Bron

Nationaal Trial Register

### Verkorte titel

DeltaSBP

### Aandoening

Presentation in the ED

### Ondersteuning

**Primaire sponsor:** none

**Overige ondersteuning:** Maxima Medical Centre

### Onderzoeksproduct en/of interventie

### Uitkomstmaten

### Primaire uitkomstmaten

## Toelichting onderzoek

### Achtergrond van het onderzoek

Risk stratification of ED patients is important for appropriate initial treatment and disposition to a ward or intensive care unit (ICU). Clinical deterioration of patients often starts in the prehospital setting and only when patients start to feel too sick they will visit the GP or Emergency Department (ED). In a previous study we showed that the odds for in-hospital mortality increased approximately linearly with decreasing systolic blood pressure (SBP) starting at 140mmHg for unselected ED patients. Thus, on an average cohort level, prognosis of ED patients deteriorates already with SBPs below 140 mmHg. This may be explained by a relatively small number of ED patients who had a much higher SBP than 140 mmHg before they presented to the ED, as hypertension is a very common chronic disease in Western countries. If so, not only the initial SBP in the ED is relevant for prognosis but the absolute or relative reduction of the SBP which was normal for the individual patient before the ED presentation, i.e. it is important to know the baseline SBP of the individual patient. However, this information may often not be available in the ED as electronical patient records (EPR) are not routinely shared between general practitioners and hospitals in the Netherlands, due to privacy laws. In addition, in the outpatient clinics, blood pressure is not routinely measured. Before we can investigate the association between the absolute or relative reduction of SBP from the individual baseline SBP, we need to know in how many patients baseline SBPs are available. If indeed many baseline values are unavailable while the reduction of SBP is associated for the prognosis of the individual ED patient, this may plead for the need of a shared Electronic Patient Record (EPR) with the necessary clinical information, such as baseline vital signs. More importantly, if we find an association between a reduction of SBP from the individual baseline SBP and in-hospital mortality, a larger prospective cohort study would be indicated, which would then help to improve risk stratification of individual ED patients.

The aim of the present pilot study is therefore two-fold:

#### Objectives

1. To assess how often individual baseline values for SBP are known in ED patients.
2. To assess whether a change in SBP from the individual baseline values for SBP are associated with in-hospital mortality.

### Doel van het onderzoek

A low delta SBP is associated with an increased risk of mortality

### Onderzoeksopzet

We study overall in-hospital mortality or ICU admission from the ED. After discharge we don't follow-up on patients.

## Onderzoeksproduct en/of interventie

no

## Contactpersonen

### Publiek

Leiden Universitair Medisch Centrum  
Bart Candel

0644665616

### Wetenschappelijk

Leiden Universitair Medisch Centrum  
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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Patients >70 years with ED visit and admission

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

triage category blue/green

## Onderzoeksopzet

## Opzet

|                  |                                                     |
|------------------|-----------------------------------------------------|
| Type:            | Observationeel onderzoek, zonder invasieve metingen |
| Onderzoeksmodel: | Factorieel                                          |
| Toewijzing:      | N.v.t. / één studie arm                             |
| Blinding:        | Open / niet geblindeerd                             |
| Controle:        | Actieve controle groep                              |

## Deelname

|                         |                      |
|-------------------------|----------------------|
| Nederland               |                      |
| Status:                 | Werving gestart      |
| (Verwachte) startdatum: | 03-11-2020           |
| Aantal proefpersonen:   | 220                  |
| Type:                   | Verwachte startdatum |

## Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

**Wordt de data na het onderzoek gedeeld:** Nee

## Ethische beoordeling

|                 |                  |
|-----------------|------------------|
| Positief advies |                  |
| Datum:          | 03-11-2020       |
| Soort:          | Eerste indiening |

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

### Register

NTR-new

Ander register

### ID

NL9029

METC Máxima MC : N20.052

## Resultaten