

# **Does treatment with rosiglitazone result in improved pancreatic beta-cell function as compared to glimepiride in metformin treated diabetes type 2 patients?**

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By inducing a shift of fat out of the visceral compartment - among which the pancreas - into the subcutaneous compartment rosiglitazone results in improved pancreatic beta-cell function in type 2 diabetes patients, as compared to a...

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving tijdelijk gestopt
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## **Samenvatting**

### **ID**

NL-OMON27919

### **Bron**

NTR

### **Verkorte titel**

N/A

### **Aandoening**

Type 2 diabetes.

Type 2 diabetes is a heterogeneous disorder involving varying levels of insulin insensitivity and impaired islet beta-cell function.

### **Ondersteuning**

**Primaire sponsor:** Academic Medical Center - Amsterdam

**Overige ondersteuning:** N/A

### **Onderzoeksproduct en/of interventie**

## **Uitkomstmaten**

### **Primaire uitkomstmaten**

The peak insulin concentrations during the hyperglycaemic clamp protocol.

## **Toelichting onderzoek**

### **Achtergrond van het onderzoek**

Study title:

Does treatment with rosiglitazon result in improved pancreatic  $\beta$ -cell function as compared to glimepiride in metformin treated diabetes type 2 patients?

Introduction:

Thiazolidinediones, a new class of insulin sensitizing agents, have been shown to induce a shift of fat out of the visceral compartment – among which the pancreas – into the subcutaneous compartment. This could also result in a restoration or preservation of endogenous insulin secretion capacity, loss of which is one of the fundamental defects in Type 2 diabetes. A recent study could not confirm this hypothesis, but various shortcomings in the design of this previous study can be noted, most notably a treatment period that is likely to have been too short, and the fact that patients were not using metformin, the standard treatment for type 2 diabetes.

Aim of the study:

To investigate the effect of rosiglitazon treatment on  $\beta$ -cell function in type 2 diabetes patients as compared to a sulfonylureumderivative, while both groups continue metformin treatment.

Design:

Twenty-two patients will be randomized to metformin with glimepiride 4 mg a day or metformin with rosiglitazon 8 mg a day.

## **Patients:**

Eligible patients are those with Type 2 diabetes using metformin. Exclusion criteria are established coronary heart disease and previous use of a thiazolidinedione.

## **Measurements:**

Patients will undergo a 200 min hyperglycaemic (aiming at 10 mmol/l) clamp with administration of glucagon-like peptide-1 (GLP-1) starting at 120 min (bolus injection of 4.5 pmol/kg followed by a continuous infusion of 1.5 pmol/kg/min until the end of the clamp) and an arginine (5 g) bolus at 180 min to elicit a further  $\beta$ -cell response. Twenty-six weeks later, the assessments will be repeated, again on metformin, other study medication taken until the morning before this assessment.

## **Outcome measures:**

Primary outcome measure will be the peak insulin concentrations during the hyperglycaemic clamp protocol.

## **Burden for the participants:**

The risk for participants is judged to be minor. Participation mainly requires an investment of time and undergoing insertion of the sensors and blood sampling.

8-Aug-2007: trial has stopped because of stop cause problems with inclusion of patients.

## **Doel van het onderzoek**

By inducing a shift of fat out of the visceral compartment - among which the pancreas - into the subcutaneous compartment rosiglitazone results in improved pancreatic beta-cell function in type 2 diabetes patients, as compared to a sulfonylureumderivative, while both groups continue metformin treatment.

## **Onderzoeksopzet**

N/A

## **Onderzoeksproduct en/of interventie**

Patients will be randomized to 26 weeks of treatment with metformin with glimepiride 4 mg a day or metformin with rosiglitazone 8 mg a day.

Before the start of the treatment patients will undergo a 200 min. hyperglycaemic (aiming at 15 mmol/l) clamp with administration of glucagon-like peptide-1 (GLP-1) starting at 120 min. and an arginine bolus at 180 min. to elicit a further beta-cell response.

Twenty-six weeks later, the assessments will be repeated, again on metformin, other study medication taken until the morning before this assessment.

## Contactpersonen

### Publiek

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### Wetenschappelijk

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Informed consent form signed;
2. Type 2 diabetes patients, according to WHO criteria;

3. Age 18-70 years;
4. Use of metformin, at least 500 mg a day;
5. HbA1c > 7.0% inclusive when on metformin alone, or > 6.5 % when on combination therapy of metformin and a sulfonylureumderivative.

Use of a sulfonylureumderivative is allowed, with a wash-out period of four weeks before the first assessments.

## **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. Established coronary heart disease;
2. Previous use of a thiazolidinedione.

## **Onderzoeksopzet**

### **Opzet**

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

### **Deelname**

Nederland	
Status:	Werving tijdelijk gestopt
(Verwachte) startdatum:	01-09-2004
Aantal proefpersonen:	22
Type:	Verwachte startdatum

## **Ethische beoordeling**

Positief advies  
Datum: 07-02-2006  
Soort: Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register	ID
NTR-new	NL549
NTR-old	NTR605
Ander register	: N/A
ISRCTN	ISRCTN52245496

## Resultaten

### Samenvatting resultaten

N/A