

# **Questionnaire assessing the dissemination and implementation of the ARIA guidelines for allergic rhinitis among Belgian Otorhinolaryngologists.**

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All Belgian Otorhinolaryngologists were invited to complete a questionnaire, covering demographic and professional characteristics, self-reported knowledge, use and perception of the ARIA guidelines and 4 clinical case scenarios of allergic rhinitis...

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving gestopt
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## **Samenvatting**

### **ID**

NL-OMON27953

### **Bron**

NTR

### **Verkorte titel**

N/A

### **Aandoening**

Allergic rhinitis, guidelines, ARIA, dissemination, implementation, compliance

### **Ondersteuning**

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**Overige ondersteuning:** Educational grant was provided by UCB

# Onderzoeksproduct en/of interventie

## Uitkomstmaten

### Primaire uitkomstmaten

- Knowledge and use of the ARIA guidelines among Belgian Otorhinolaryngologists. <br>
- Attitude of Belgian Otorhinolaryngologists towards the ARIA guidelines.<br>
- Compliance of Belgian Otorhinolaryngologists with the ARIA guidelines in clinical case scenarios of allergic rhinitis.<br>
- Identification of physicians' characteristics that may influence compliance with the ARIA guidelines.<br>

## Toelichting onderzoek

### Achtergrond van het onderzoek

#### Abstract

#### Background:

In 2001, the ARIA guidelines were published to assist healthcare practitioners in managing allergic rhinitis (AR) according to the best available evidence. Very limited information, however, is available on the impact of these guidelines on clinical practice.

#### Objective:

Four years after publication of the ARIA report, we wanted to assess the knowledge and use of the ARIA guidelines in specialist practice and physicians' characteristics that may influence compliance with the guideline recommendations.

#### Methods:

All Belgian Otorhinolaryngologists were invited to complete a questionnaire, covering demographic and professional characteristics, self-reported knowledge, use and perception of the ARIA guidelines and 4 clinical case scenarios of AR.

#### Results:

Of the 258 (44%) Belgian Otorhinolaryngologists who participated, almost 90% had ever heard about ARIA and 64% had followed a lecture specifically dedicated to the ARIA guidelines. 51% reported to never use the ARIA classification, but 62% stated to always or mostly follow the ARIA treatment algorithms. In the clinical case section, adherence to the ARIA guidelines raised with increased self-reported knowledge and use of the ARIA guidelines

and among participants, that considered the guidelines more userfriendly. 51% of the respondents were considered as good compliers. Younger age was a significant predictor for good compliance.

#### Conclusion:

The ARIA guidelines seem to be well promoted and disseminated among Belgian Otorhinolaryngologists, but their implementation remains a challenge. More efforts are required to improve the translation of scientific knowledge into clinical practice and to further identify which factors may influence guideline compliance.

#### **Doel van het onderzoek**

All Belgian Otorhinolaryngologists were invited to complete a questionnaire, covering demographic and professional characteristics, self-reported knowledge, use and perception of the ARIA guidelines and 4 clinical case scenarios of allergic rhinitis. Aim of the study was to assess the knowledge and use of and attitude towards the ARIA guidelines among Belgian Otorhinolaryngologists and to identify physicians' characteristics that may influence compliance with the guideline recommendations.

#### **Onderzoeksopzet**

- 20/05/2005: first mailing of the questionnaire
- 30/06/2005: reminder mailing
- sept 2005- mar 2006: analysis of results
- nov 2005: presentation preliminary results on Annual Meeting of Belgian Otorhinolaryngologists
- okt 2007-aug 2008: preparation article covering this study
- okt 2008: submission article to clinical Experimental Allergy journal (trial registration required)

#### **Onderzoeksproduct en/of interventie**

- Questionnaire

## **Contactpersonen**

## **Publiek**

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## **Wetenschappelijk**

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## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

1. All fully-trained and practicing Belgian Otorhinolaryngologists were invited to participate.

### **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. No exclusion criteria

## **Onderzoeksopzet**

## Opzet

Type: Interventie onderzoek

Onderzoeksmodel: Anders

**Controle:** N.v.t. / onbekend

## Deelname

Nederland

Status: Werving gestopt

(Verwachte) startdatum: 01-05-2005

Aantal proefpersonen: 598

Type: Werkelijke startdatum

## Ethische beoordeling

Positief advies

Datum: 12-10-2008

Soort: Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

### Register

NTR-new

NTR-old

Ander register

ISRCTN

### ID

NL1428

NTR1488

:

ISRCTN wordt niet meer aangevraagd

# Resultaten

## Samenvatting resultaten

Article prepared for submission:

The ARIA guidelines in specialist practice: a nationwide survey