

The implementation of ColourYourLife in primary care.

Gepubliceerd: 16-04-2014 Laatste bijgewerkt: 18-08-2022

Ethische beoordeling	Positief advies
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON27991

Bron

NTR

Aandoening

Depression

Ondersteuning

Primaire sponsor: The Netherlands Institute of Mental Health and Addiction (Trimbos-instituut)

Overige ondersteuning: The Netherlands Organization for Health Research and Development (ZonMw)

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

The primary aim is to evaluate whether the implementation was successful, indicated by the number of participation practices and trained professionals (who refer to the intervention), the number of referrals, the number of patients actually participating and the level of treatment adherence of patients and professionals.

Toelichting onderzoek

Achtergrond van het onderzoek

The aim of this study is to design and execute a plan for implementing the evidence-based eHealth intervention Kleurjeleven.nl in primary care centers, and to monitor and evaluate that implementation. The eHealth intervention will be guided by practice nurses. Quantitative and qualitative data will be collected among the participating general practitioners, practice nurses and their patients who are referred by them to the intervention. Data are collected before, during and after the implementation. Main questions to be answered are whether the implementation was successful and which factors determine success of the implementation.

Onderzoeksopzet

Data are collected before the start of the implementation, during the implementation and after.

Onderzoeksproduct en/of interventie

The aim of this study is to design and execute a plan for implementing the eHealth intervention Kleurjeleven.nl ('ColourYourLife') in primary care centers, and to monitor and evaluate that implementation. Kleurjeleven is an online intervention aimed at reducing depressive symptoms. The intervention consists of 8 modules with texts, exercises, videos and figures, and are followed by a ninth booster session. The intervention is based on cognitive behavioural therapy, and more specific on the Dutch version of the 'Coping with Depression' course. It covers the following topics: psycho-education, cognitive restructuring, behaviour change, and relapse prevention. In the present study, Kleurjeleven.nl is implemented as guided self-help, i.e. with support from practice nurses.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

All patients that are referred to the eHealth intervention by their general practitioner or practice nurse will be approached for participation in the study. Patients presenting with depressive complaints while not meeting the ICD or DSM diagnostic criteria for depressive disorder, but in whom an imminent onset of the full-blown disorder should be expected, are eligible for the eHealth intervention, as well as patients presenting with mild or moderate manifestations of uncomplicated depressive disorder. In addition, patients must be at least 18 years of age and have Internet access.

Patients can participate in the study if they provide written informed consent.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

There are no additional exclusion criteria for the study.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	N.v.t. / één studie arm
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland

Status:	Werving nog niet gestart
(Verwachte) startdatum:	13-05-2014
Aantal proefpersonen:	100
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	16-04-2014
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL4389
NTR-old	NTR4520
Ander register	File number ZonMw : 200210019

Resultaten