

The Effects of the Dutch national guideline on the management of employees with mental health problems by occupational physicians.

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Treatment according to the Dutch National Guideline on the Management of Employees with Mental Health Problems by Occupational Physicians will cause less work disability than treatment according to usual care, with minimal involvement of the...

Ethische beoordeling	Positief advies
Status	Werving gestopt
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON28026

Bron

Nationaal Trial Register

Verkorte titel

N/A

Aandoening

Mental health problems.

Ondersteuning

Primaire sponsor: Institute for Research in Extramural Medicine
Department of Public and Occupational Health
VU University Medical Centre
Van der Boechorststraat 7
1081 BT Amsterdam, The Netherlands
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Overige ondersteuning: Ministry of Internal Affairs
OHSS Commit

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Return to work.

Toelichting onderzoek

Achtergrond van het onderzoek

Mental health problems often lead to prolonged sick leave. In the Netherlands, mental health problems are responsible for approximately one third of all employees disabled for over a year.

Many share the view that better treatment and early intervention could prevent long lasting disability. Early 2000, the Dutch Association of Occupational Physicians (NVAB) has published an authorized guideline concerning the management of employees with mental health problems by occupational physicians.

In a randomized controlled trial (RCT), the effects of the guideline on sick leave and work disability of employees with mental health problems will be assessed. Subjects in the intervention group will be treated by occupational physicians, who are trained in the use of the guideline (n=100).

The control group (n=100) will receive usual care, with minimal involvement of the occupational physician and frequent referral to a psychologist. In addition, all employees with mental health problems who not participated in the RCT will be included in a cohort study. Subjects will be recruited from two Dutch police departments.

Between January 2002 and January 2005 489 policemen were absent of work because of mental health problems. Of these, 231 (47%) enrolled in the RCT. Final results of the study, including the results of the RCT, will be available in 2006.

Doel van het onderzoek

Treatment according to the Dutch National Guideline on the Management of Employees with Mental Health Problems by Occupational Physicians will cause less work disability than treatment according to usual care, with minimal involvement of the occupational physician and frequent referral to a psychologist.

Onderzoeksopzet

N/A

Onderzoeksproduct en/of interventie

Treatment according to the Dutch national guideline on the management of employees with mental health problems by occupational physicians.

This guideline focuses on four aspects of the management of mental health problems.

First, the occupational physician acknowledges the interaction between the disabled employee and his surroundings (work, personal and care).

Second, a simplified classification of mental health problems is introduced, with only four categories.

Third, the occupational physician acts as case manager, who intervenes when recovery stagnates.

Finally, the occupational physician may also act as care manager by counseling employees with work related problems.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Physical or mental health symptoms which cause suffering or malfunctioning for the patient;
2. Disability to work on the moment of inclusion by the occupational physician.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Symptoms are caused by a physical disorder;
2. Disagreement about the diagnosis by the occupational physician and the patient;
3. Mistrust between occupational physician and patient;
4. Earlier inclusion in the study.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel

Toewijzing:	Gerandomiseerd
Blindering:	Enkelblind
Controle:	Geneesmiddel

Deelname

Nederland	
Status:	Werving gestopt
(Verwachte) startdatum:	01-01-2002
Aantal proefpersonen:	200
Type:	Werkelijke startdatum

Ethische beoordeling

Positief advies	
Datum:	14-08-2005
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL88
NTR-old	NTR119
Ander register	: N/A
ISRCTN	ISRCTN34887348

Resultaten

Samenvatting resultaten

BMC Public Health. 2007 Jul 26;7:183.