# Brain patterns of anticipatory and consummatory reward

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We hypothesize (1) that an anticipatory reward will lead to more activation in reward related areas such as the striatum, amygdala, and dopaminergic midbrain compared to a consummatory reward (preceded by an anticipatory reward). Furthermore, we...

**Ethische beoordeling** Positief advies **Status** Werving gestart

Type aandoening -

Onderzoekstype Interventie onderzoek

# **Samenvatting**

#### ID

NL-OMON28090

**Bron** 

NTR

**Verkorte titel** 

Neuron

#### **Aandoening**

Light products, anticipatory and consummatory reward, taste activation (brain activation).

Light producten, verwachting van een beloning, consumptie van een beloning, smaak activatie (brein activatie).

#### **Ondersteuning**

Primaire sponsor: Wageningen University, Division of Human Nutrition

P.O. Box 9101

6700 HB

Wageningen

The Netherlands

+31 (0)317 489111

+31 (0)317 483999

info@wur.nl

Overige ondersteuning: Wageningen University, Division of Human Nutrition, EFRO

#### Onderzoeksproduct en/of interventie

#### **Uitkomstmaten**

#### Primaire uitkomstmaten

The main study parameters/endpoints are (1) the difference in brain activation between an anticipatory reward and a consummatory reward and (2) the difference in brain activation between a consummatory reward labeled as light versus labeled as regular.

# **Toelichting onderzoek**

#### Achtergrond van het onderzoek

Food reward consist of an anticipatory component often related to the presentation of a cue and a consummatory component related to reward receipt. In the current study we intent to investigate the difference in brain patterns associated with anticipatory (visual cue) and consummatory (taste) reward. 'Off the shelf' labels of a light and regular beverage will be used as anticipatory reward cues in order to give more inside on the acceptance of light products/labels.

#### Doel van het onderzoek

We hypothesize (1) that an anticipatory reward will lead to more activation in reward related areas such as the striatum, amygdala, and dopaminergic midbrain compared to a consummatory reward (preceded by an anticipatory reward). Furthermore, we expect the orbitofrontal cortex to be similarly activated for both reward types. In addition we expect that having an anticipation of a consummatory reward (in this case provoked by a label) can change the perception of this consummatory reward when it is received. We assume that expected pleasantness for the beverage coupled to the light label will be lower than for the beverage coupled to the regular label. Therefore, we hypothesize (2) that the receipt of a consummatory reward presented as a regular product will result in more activation in reward related areas such as the striatum and dopaminergic midbrain (e.g. ventral tegmental area and substantia nigra) compared to the receipt of the same product presented as light. Furthermore, based on previous research, we presume that labels bias food evaluation especially in the amygdala (region associated with emotion) thus that dissociable responses can be found in this region (Grabenhorst et al., 2013).

#### **Onderzoeksopzet**

1. anticipatory and consummatory brain activation measurements are obtained during one fMRI scan.

2. Questionnaires and tasks are filled out in the weeks before the fMRI scan.

#### Onderzoeksproduct en/of interventie

Participants are exposured to three different labels, a light label a regular label and a 'neutral' label, and two tastants, a regular beverage and

a neutral control stimulus.

There are three task conditions:

- a) presentation of a light label consumption of a regular beverage
- b) presentation of a regular label consumption of a regular beverage
- c) presentation of a 'neutral' label consumption of a neutral control stimulus These three task conditions are randomized and counterbalanced.

# Contactpersonen

#### **Publiek**

Bomenweg 2 Inge Rijn, van Wageningen 6703 HD The Netherlands +31 (0)317 480759

## Wetenschappelijk

Bomenweg 2 Inge Rijn, van Wageningen 6703 HD The Netherlands +31 (0)317 480759

# **Deelname** eisen

## Belangrijkste voorwaarden om deel te mogen nemen

#### (Inclusiecriteria)

1. Age: 18-35 years;

2. Being female;

- 3. BMI: 18.5 25.0 kg/m2;
- 4. Healthy (as judged by the participant);
- 5. Being right handed;
- 6. Willing to comply with the study procedures;
- 7. Willing to be informed about incidental findings of pathology;
- 8. Having given written informed consent;
- 9. Successful completion of the training session.

# Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- 1. Restraint eating (women: score > 2.80)
- 2. Lack of appetite
- 3. Having difficulties with swallowing/eating
- 4. Usage of an energy restricted diet during the last two months
- 5. Weight loss or weight gain of 5 kg or more during the last two months
- 6. Stomach or bowel diseases
- 7. Diabetes, thyroid disease, kidney disease and other endocrine disorders
- 8. Having a history of neurological disorders
- 9. Having taste or smell disorders
- 10. Having schizophrenia or another serious mental illnesses
- 11. Usage of daily medication other than oral contraceptives, Paracetamol or hay fever
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tablets

- 12. Pregnancy during the last 6 months, having the intention to become pregnant or lactating
- 13. Smoking on average more than one cigarette/cigar a day
- 14. Being allergic/intolerant for products under study
- 15. Exclusive consumption of 'light' versions of beverages
- 16. Avoidance of 'light' versions of beverages
- 17. Disliking the beverages under study
- 18. Working or doing an internship/thesis at the group Sensory science and eating behavior (WUR)
- 19. Current participation in other nutrition related or medical research
- 20. Having a history of or current alcohol consumption of on average more than 28 units per week
- 21. Having a contra-indication to MRI scanning (including, but not limited to):

Claustrophobia

**Epilepsy** 

Pacemakers and defibrillators

Intraorbital or intraocular metallic fragments

Ferromagnetic implants

Presence of non-removable metal objects in the mouth

# **Onderzoeksopzet**

#### **Opzet**

Type: Interventie onderzoek

Onderzoeksmodel: Cross-over

Toewijzing: Gerandomiseerd

Blindering: Open / niet geblindeerd

Controle: N.v.t. / onbekend

#### **Deelname**

Nederland

Status: Werving gestart

(Verwachte) startdatum: 12-12-2013

Aantal proefpersonen: 26

Type: Verwachte startdatum

# **Ethische beoordeling**

Positief advies

Datum: 05-11-2013

Soort: Eerste indiening

# **Registraties**

# Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

#### In overige registers

Register ID

NTR-new NL4104 NTR-old NTR4249

Ander register NL45977 (ABR) : 13/17 (METC -WU)
ISRCTN ISRCTN wordt niet meer aangevraagd.

# Resultaten

Samenvatting resultaten

N/A