# Retraining automatic attention and approach tendencies to reduce levels of problematic cannabis and alcohol use for youth in juvenile detention centers.

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-We expect that the youth who receive an active CBM training on top of care-as-usual show a greater reduction in cannabis or alcohol misuse at follow up when compared their general population peers. -We expect that CBM training works by reducing...

**Ethische beoordeling** Niet van toepassing

**Status** Anders

Type aandoening

Onderzoekstype Interventie onderzoek

# **Samenvatting**

#### ID

NL-OMON28103

#### **Bron**

NTR

#### **Aandoening**

substance use, cognitive bias modification, juvenile delinquents / middelengebruik, cognitieve bias modificatie, jonge delinquenten

# **Ondersteuning**

**Primaire sponsor:** Sponsor: Dutch Ministry of Security and Justice (VenJ)

Performer: University of Amsterdam (UvA)

Overige ondersteuning: Dutch Ministry of Security and Justice (VenJ)

## Onderzoeksproduct en/of interventie

#### **Uitkomstmaten**

#### Primaire uitkomstmaten

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- Level of problematic cannabis use (CUDIT-R)<br>
- Level of problematic alcohol use (AUDIT)

# **Toelichting onderzoek**

#### Achtergrond van het onderzoek

This study aims to assess the effectiveness of Cognitive Bias Modification (CBM) on top of care-as-usual in reducing levels of problematic cannabis and alcohol use. We focus specifically on youth placed in juvenile detention centres in the Netherlands, as this is a demographic that shows high levels of problematic substance use compared to their general population peers. The CBM training consists of two computerized tasks, either one of which is randomized to be either an active training or a placebo version. In this way we ensure that 75% of our participants receive at least one active training task while retaining a control group.

#### Doel van het onderzoek

- -We expect that the youth who receive an active CBM training on top of care-as-usual show a greater reduction in cannabis or alcohol misuse at follow up when compared their general population peers.
- -We expect that CBM training works by reducing attention and approach bias towards the substance in question.
- -We will explore whether the actively trained participants also show less delinquent behaviour when compared with the participants who received a placebo training.

#### **Onderzoeksopzet**

- T0 (screening & substance use baseline): At least 2 weeks after placement in the institution.
- T1 (cognitive biases baseline): As soon as screening results have shown them to be eligible and voluntary consent has been obtained.
- T2-T6 (training sessions): At least 24 hourse between sessions and preferably no more than a week apart.
- T7 (1st follow-up): 1 month after the last training session.
- T8 (2nd follow-up): 3 months after the last training session.
- T9 (3rd follow-up): 12 months after the last training session.
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#### Onderzoeksproduct en/of interventie

5 sessions of CBM comprised of two computerized tasks, an Approach-Avoid task to target approach biases and a Visual Probe task to target attention biases. CBM is done in addition to care-as-usual. Participants receive either an active training version or a placebo version of either task.

# Contactpersonen

#### **Publiek**

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## Wetenschappelijk

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# **Deelname** eisen

# Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Youth placed in one of the participating institutions are eligible for inclusion in our screening measurement, provided they have been there for at least two weeks.

Youth who report substance use (cannabis and/or alcohol) during the 12 months prior to our screening measurement are eligible for inclusion in our CMB training.

# Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- Insufficient proficiency with the Dutch language, as this will interfere with the participants' ability to understand the materials.
- Youth placed in a Very Intensive Care (VIC) or Forensic Observation and Guidance ward (Forensische Observatie en Begeleidingsafdeling; FOBA) are not eligible for participation as the testing would be too intrusive in their treatment programs.

As the study uses reaction time measurements, there are some guidelines for processing the data

- With regard to individual trials, trials with reactions times below 200 ms or above 2000 ms will not be included in analyses
- With regard to complete tasks, participants with less that 70% accuracy will not be included in analyses

# **Onderzoeksopzet**

#### **Opzet**

Type: Interventie onderzoek

Onderzoeksmodel: Factorieel

Toewijzing: Gerandomiseerd

Blindering: Dubbelblind

Controle: Placebo

#### **Deelname**

Nederland

Status: Anders

(Verwachte) startdatum: 01-02-2014

Aantal proefpersonen: 200

Type: Onbekend

# **Ethische beoordeling**

Niet van toepassing

Soort: Niet van toepassing

# **Registraties**

## Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

# Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

# In overige registers

Register ID

NTR-new NL6284 NTR-old NTR6458

Ander register Ameterdam (2012 DR 2107

Amsterdam: 2013-DP-3165

# Resultaten