PRoactive Management Of Depression in the Elderly.

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A screening and stepped care treatment program for elderly with depressive symptoms in general practice will lead to significant reduction of depressive symptoms and costs in comparison to CAU.

Ethische beoordeling	Niet van toepassing
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON28191

Bron
NTR

Verkorte titel
PROMODE

Aandoening

Depressive symptoms

Ondersteuning

Primaire sponsor: Leiden University Medical Center, department of Public Health and Primary Care.
Overige ondersteuning: ZONMw, programma Doelmatigheid (projectnr 80-007022-98-07502).

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Difference in severity of depressive symptoms (MADRS baseline - 6 months).

Toelichting onderzoek

Achtergrond van het onderzoek

We aim to study the effects and costs of a screening and treatment program for elderly with depressive symptoms in general practice. The design is a pragmatic cluster randomised controlled trial with the general practice as the unit of randomisation.
Elderly aged 75 years and over enlisted in general practices will be screened at baseline for depressive symptoms, measured by the Geriatric Depression Scale (GDS-15). If GDS-15 score is > 4 points intervention or usual care will be offered according to the allocated treatment to their general practice.

Doel van het onderzoek

A screening and stepped care treatment program for elderly with depressive symptoms in general practice will lead to significant reduction of depressive symptoms and costs in comparison to CAU.

Onderzoeksproduct en/of interventie

In the intervention practices elderly with depressive symptoms will be offered a stepped care treatment program, including 1) individual counselling by a community psychiatric nurse 2) psycho-education by a Coping with Depression group course or a similar therapy on individual basis, and 3) pharmacological treatment and/or referral for patients with persistence of depressive symptoms after step 1 and 2.
In the control practices elderly will receive care as usual.

Contactpersonen

Publiek

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Inclusion criteria for screening: elderly aged 75 years and over enlisted in general practices;
2. Inclusion criteria for treatment-offer: screen positive for depression (GDS-15 > 4).

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Exclusion criteria for screening: terminal illness, current treatment for depression, loss of partner/important relative within previous 3 months;
2. Exclusion criteria for treatment-offer: severe cognitive impairment (MMSE < 19).

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Blindering:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland

Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-03-2007
Aantal proefpersonen:	4000
Type:	Verwachte startdatum

Ethische beoordeling

Niet van toepassing

Soort:	Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL822
NTR-old	NTR835
Ander register	: N/A
ISRCTN	ISRCTN71142851

Resultaten

Samenvatting resultaten

N/A