

# Child Adjustment in Divorced Families: Can We Successfully Intervene among Dutch 6-8 Year-Olds?

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Preventive group support for 6 to 8 years old children after parental divorce or separation, leads to: - more positive child functioning; - decreased emotional and behavioral problems of participating children; and - increased child wellbeing;

<b>Ethische beoordeling</b>	Niet van toepassing
<b>Status</b>	Werving tijdelijk gestopt
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON28291

### Bron

Nationaal Trial Register

### Verkorte titel

Preventive group support for Dutch children in divorce situations

### Aandoening

Divorce, Preventive support, School-aged children, Scheiding, Preventie, Basisschoolleeftijd

### Ondersteuning

#### Primaire sponsor:

ZonMw<br>Project according to approved ZonMw project plan.

Overige ondersteuning: ZonMw Grant No. 531005009

### Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

- child positive functioning<br>
- child emotional and behavioral problems<br>(as rated by group leaders, teachers, and parents)<br>Dappere Dino's was derived from the US Children of Divorce Intervention Program (CODIP; Pedro-Carroll et al.).

## Toelichting onderzoek

### Achtergrond van het onderzoek

Parental divorce impacts strongly on children. Children with divorced parents score significantly lower on measures of wellbeing, conduct, psychological adjustment, self-concept, and social relations (Amato & James, 2010). In 2009, about one million marriages ended in divorce in the European Union (European Commission, 2013). To this number add terminations of live-in partnerships. Children are frequently involved. Given the large numbers of children involved, and the negative impact of divorce on children, prevention of problems for children of divorce and helping them adapt to the divorce should be prioritized. The US Children of Divorce Intervention Program (CODIP), an evidence-based group intervention designed to prevent divorce-related problems in children, may meet this need for preventive support.

Aim of this study was to assess the effects of an adapted CODIP module ("Dappere Dino's") for 6-8 years old children in the Dutch setting.

A quasi-experimental study is conducted consisting of 3 groups:

- children participating in Dappere Dino's groups (experimental group),
- children with separated parents not participating (divorce control group)
- children from intact families (non divorced comparison group).

The impact of Dappere Dino's on child functioning and wellbeing is measured using the Strengths and Difficulties Questionnaire (Goodman, 1997), Parent Evaluation Form (Pedro-Carroll & Cowen, 1989), and Cantril ladder (Cantril, 1965).

### Doel van het onderzoek

Preventive group support for 6 to 8 years old children after parental divorce or separation, leads to:

- more positive child functioning;
- decreased emotional and behavioral problems of participating children; and

- increased child wellbeing;

## **Onderzoeksopzet**

- Before intervention
- After intervention

## **Onderzoeksproduct en/of interventie**

Children participate in "Dappere Dino's" (Dutch for "courageous dinosaurs"). Dappere Dino's is a preventive group intervention consisting of 12 weekly sessions. The intervention goals are to:

- Minimize the emotional and behavioral problems that may result when children experience parental divorce or separation in their families
- Increase children's ability to identify and appropriately express their feelings
- Increase children's understanding and acceptance of divorce-related concepts
- Build confidence by teaching problem solving skills to help children cope with a variety of challenges

## **Contactpersonen**

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- parental divorce or separation,
- permission by both parents who have custody rights

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- child currently in therapy or receiving other mental health services

## Onderzoeksopzet

### Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Niet-gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Actieve controle groep

### Deelname

Nederland	
Status:	Werving tijdelijk gestopt
(Verwachte) startdatum:	01-06-2015
Aantal proefpersonen:	104
Type:	Verwachte startdatum

## Ethische beoordeling

Niet van toepassing

Soort:

Niet van toepassing

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register	ID
NTR-new	NL6606
NTR-old	NTR6788
Ander register	531005009 : ZonMw

## Resultaten

### Samenvatting resultaten

Preceeding pilot study: <br>

Klein Velderman, M., Pannebakker, F., Van Vliet, W., & Reijneveld, S. (2016). Prevention of divorce-related problems in Dutch 4- tot 8-year-olds: Cultural adaptation and pilot study of the Children of Divorce Intervention Program. Research on Social Work Practice, 26. doi: 1049731516644504