

Developing, implementing and evaluating interventions together with children to stimulate a healthy lifestyle

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Ethische beoordeling	Positief advies
Status	Anders
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON28351

Bron

Nationaal Trial Register

Aandoening

Obesity, overweight

Ondersteuning

Primaire sponsor: VU University Medical Center (VUmc)

Overige ondersteuning: FNO

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Physical activity, sedentary behavior, consumption of sugar-sweetened beverages, consumption of snacks, self-rated health

Toelichting onderzoek

Achtergrond van het onderzoek

Despite the emergence of many preventive programs, the number of obese kids in Amsterdam continues to be alarmingly high. Additionally, it has been shown that many kids with parents of low socioeconomic class are especially vulnerable when it comes to adopting an unhealthy lifestyle, and are therefore more prone to being overweight. One way to tackle this problem is through Participatory Action Research (PAR), which aims to involve the people the research focuses on itself (in this case the children and their parents). Therefore, the keyword in the 'Kids in Action-program is 'participation'. In collaboration with children, who are the experts on their own living environments, the main health-related problems will be identified. By including the children in this process, we aim to design the most appropriate initiatives to encourage healthy behavior.

Doel van het onderzoek

Many interventions have been developed and implemented to tackle childhood obesity, but the most affected group of children – i.e. from families with a low Socio-Economic-Status (SES) and from non-Western backgrounds - is difficult to reach. Therefore the current research project, named 'Kids in Action', uses a novel approach by engaging children from a low SES neighborhood as co-researchers, i.e. Participatory Action Research (PAR). We believe that by engaging the target group in this process, more effective interventions can be developed.

Onderzoeksopzet

Baseline measurement takes place in the schoolyear 2016-2017. T1 will be in March-April 2018, T2 will be in March-April 2019.

Onderzoeksproduct en/of interventie

Interventions will be developed together with children. The interventions will be aimed at increasing their physical activity levels and improving their dietary behavior.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

children between the ages of 9-12 years, going to one of the participating schools

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

n/a

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Niet-gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Actieve controle groep

Deelname

Nederland	
Status:	Anders
(Verwachte) startdatum:	01-04-2016
Aantal proefpersonen:	400
Type:	Onbekend

Ethische beoordeling

Positief advies	
Datum:	25-07-2017
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL6472
NTR-old	NTR6659
Ander register	VUmc METc : 2016.366

Resultaten