MRI signal intensity of ACL graft following ACL reconstruction (TRANSIG study)

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It is hypothesized that the anteromedial portal (AMP) technique would result in lower MRI signal intensity and thereby better graft maturity due to the better rotational stability compared to the conventional transtibial (TT) technique.

Ethische beoordeling Positief advies

Status Anders

Type aandoening

Onderzoekstype Interventie onderzoek

Samenvatting

ID

NL-OMON28419

Bron

Nationaal Trial Register

Verkorte titel

TRANSIG

Aandoening

Voorste kruisband reconstructie Anterior cruciate ligament reconstruction

Ondersteuning

Primaire sponsor: Department of Orthopaedics

Martini Hospital

Overige ondersteuning: fund = initiator = sponsor

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

The primary objective of this study is to conduct a randomised controlled trial to determine differences in outcomes of both the anteromedial portal (AMP) and transtibial (TT) ACL reconstruction technique by means of the MRI SIR of the ACL graft.

Toelichting onderzoek

Achtergrond van het onderzoek

Rationale:

Rupture of the anterior cruciate ligament (ACL) is a frequently seen (sport) injury mostly induced by a non-contact deceleration motion and can be treated by ACL reconstruction surgery. There are two primary surgical techniques to reconstruct the ACL: transtibial (TT) technique or anteromedial portal (AMP) technique. Currently, there is no evidence which surgical technique elicits the best clinical and functional outcomes. However, these assessments are an indirect measure of the graft integrity and require large numbers of patients to detect differences between both operation techniques. There is a need for a quantitative in vivo measurements method for the evaluation of the biomechanical performance of the ACL graft. MRI-derived measures of the signal intensity (SI) of the ACL graft have been described as an independent predictor of graft properties. MRI assessment with proton density weighted imaging (PDWI) fails to correlate with actual graft function. A more promising technique is T2*-weighted gradient-echo MRI imaging which has been reported as a useful imaging modality to assess graft integrity. This leads to our research question: Is there a difference in SI of the ACL graft on MRI, one year after ACL reconstruction, between TT and AMP reconstruction technique?

Objective:

To conduct a randomised controlled trial to determine differences in outcomes of the TT and AMP ACL reconstruction techniques by means of MRI signal SI of the ACL graft. Secondly, differences in clinical, functional and patient-oriented outcomes of the TT and AMP ACL reconstruction techniques will be assessed. Additionally, differences between MRI SIR assessment with the current MRI protocol (PDWI and PDWI SPAIR imaging protocol) and the additional T2*WI gradient echo protocol will be assessed.

Study design:

A randomised controlled trial will be executed. Patients will be randomly allocated to undergo ACL reconstruction by means of the TT and AMP drilling technique. The trial will be conducted at the department of Orthopaedics of the Martini Hospital Groningen.

Study population:

Patients who are admitted for primary unilateral ACL reconstruction will be included in the study.

Intervention (if applicable):

Patients in the study group will undergo ACL reconstruction using the AMP technique. This technique will be compared to the conventional TT technique for ACL reconstruction in the control group.

Main study parameters/endpoints:

SIR of the ACL graft will be assessed by the use of the PDWI and T2*WI MRI imaging protocol. Clinical and functional outcomes will be assessed by The International Knee Documentation Committee (IKDC) Knee Examination Form and patient-oriented outcomes will be assessed by Knee injury and Osteoarthritis Outcome Score (KOOS) assessment. Additionally, MRI assessment with PDWI imaging protocol will be compared to T2*WI gradient echo imaging protocol.

Nature and extent of the burden and risks associated with participation, benefit and group relatedness:

Since both the TT and AMP technique for ACL reconstruction are standard techniques for ACL reconstruction, no additional risks are associated with participation of the study. No additional risks are involved with the MRI.

Doel van het onderzoek

It is hypothesized that the anteromedial portal (AMP) technique would result in lower MRI signal intensity and thereby better graft maturity due to the better rotational stability compared to the conventional transtibial (TT) technique.

Onderzoeksopzet

The MRI images will be obtained one year postoperatively.

Secondary outcomes by means of the IKDC examination and KOOS measurements will be obtained at preoperative and 12 months postoperatively by an independent investigator. Patients will have regular follow-up with outpatient clinic appointments.

Onderzoeksproduct en/of interventie

Patients in the study group will undergo ACL reconstruction using the AMP technique. This technique will be compared to the conventional TT technique for ACL reconstruction in the control group.

Contactpersonen

Publiek

Department of Orthopaedics - Martini Hospital

J.J.A.M. van Raaij P.O. Box 30033

Groningen 9700 RM The Netherlands

Wetenschappelijk

Department of Orthopaedics - Martini Hospital

J.J.A.M. van Raaij P.O. Box 30033

Groningen 9700 RM The Netherlands

Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- Age between 18 and 50 years

- A proven ACL rupture by means of arthroscopy or MRI scan

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- a history of previous surgery on the ipsilateral knee
- re-rupture of the ipsilateral ACL graft
- associated ligamentous injuries or meniscal tear of the ipsilateral knee
- unhealthy contralateral knee
- contra-indications for MRI
- preference for one of the two surgical techniques and/or orthopaedic surgeon

Onderzoeksopzet

Opzet

Type: Interventie onderzoek

Onderzoeksmodel: Parallel

Toewijzing: Gerandomiseerd

Blindering: Enkelblind

Controle: Actieve controle groep

Deelname

Nederland

Status: Anders

(Verwachte) startdatum: 01-10-2015

Aantal proefpersonen: 36

Type: Onbekend

Ethische beoordeling

Positief advies

Datum: 24-08-2015

Soort: Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 44860

Bron: ToetsingOnline

Titel:

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register ID

NTR-new NL5301 NTR-old NTR5410

CCMO NL54568.099.15
OMON NL-OMON44860

Resultaten