

ALS caregivers

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A psychological support program based on Acceptance and Commitment Therapy improves the emotional functioning of caregivers of people with Amyotrophic Lateral Sclerosis (ALS).

Ethische beoordeling	Niet van toepassing
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON28612

Bron

NTR

Aandoening

The emotional functioning of caregivers of people with Amyotrophic Lateral Sclerosis (ALS).

Ondersteuning

Primaire sponsor: University Medical Center Utrecht

Overige ondersteuning: Stichting ALS Nederland

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

The emotional functioning of the caregiver measured with the Hospital Anxiety and Depression Scale (HADS).

Toelichting onderzoek

Achtergrond van het onderzoek

Caregivers are key figures in ALS care as patients become increasingly dependent of their care during the disease course. ALS caregiving is an intensive task and involves stressful demands. Caregivers' emotional functioning deteriorates as the disease progresses. Improving the emotional functioning of caregivers may not only improve the wellbeing of caregivers but also the wellbeing of patients. In this study we will investigate the effects of a psychosocial support program based on Acceptance and Commitment Therapy in a randomized waitlist controlled trial. Caregiver-patient dyads will be asked to fill in questionnaires on 3 occasions during the study: baseline, 3 months and 6 months. The main study outcome is the emotional functioning of the caregiver assessed with the Hospital Anxiety and Depression Scale. Secondary outcomes are the caregiver burden, caregiver quality of life, quality of life of the patient and emotional functioning of the patient. Group differences in primary and secondary outcomes will be compared with linear mixed model analysis.

Doel van het onderzoek

A psychological supportprogram based on Acceptance and Commitment Therapy improves the emotional functioning of caregivers of people with Amyotrophic Lateral Sclerosis(ALS).

Onderzoeksopzet

Baseline, 3 months and 6 months after baseline.

Onderzoeksproduct en/of interventie

A psychological supportprogram based on Acceptance and Commitment Therapy.

Contactpersonen

Publiek

University Medical Center Utrecht

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The Netherlands

Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

In order to be eligible to participate in this study, caregiver-patient dyads must meet all of the following criteria:

1. The informal caregiver is the partner of an ALS patient
2. The informal caregiver is 18 years or older
3. The informal caregiver and the patient have access to the Internet

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Caregiver-patient dyads who meet any of the following criteria will be excluded from participation in this study:

1. The caregiver or patient is unable to complete questionnaires due to insufficient mastery of the Dutch language
2. The caregiver is diagnosed with a severe psychiatric disorder or physical disorder
3. The patient is diagnosed less than 3 months ago
4. The patient has a life expectancy of less than six months

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

Deelname

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	16-06-2016
Aantal proefpersonen:	140
Type:	Verwachte startdatum

Ethische beoordeling

Niet van toepassing	
Soort:	Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register

NTR-new

NTR-old

Ander register

ID

NL5627

NTR5734

METC UMC Utrecht : 16/273

Resultaten