

# Propofol during Minimal Invasive Surfactant Evaluation Study

Gepubliceerd: 18-12-2014 Laatste bijgewerkt: 18-08-2022

There is consensus that an endotracheal intubation procedure should be performed while the infant is adequately sedated. However, whether sedation should be given during the minimal invasive surfactant procedure is still unclear. So far, no studies...

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving gestopt
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON28656

### Bron

NTR

### Verkorte titel

PROMISES

### Aandoening

RDS  
surfactant  
non-invasive

## Ondersteuning

**Primaire sponsor:** Leiden University Medical Centre

**Overige ondersteuning:** LUF/Den Dulk Moerman Fonds, Chiesi Pharmaceutical

## Onderzoeksproduct en/of interventie

## Uitkomstmaten

### Primaire uitkomstmaten

The main study parameter is the comfort-neo score; the primary endpoint is the percentage of infants with a comfort-neo score below 14 during the procedure.

## Toelichting onderzoek

### Achtergrond van het onderzoek

**Rationale:** Premature infants who are at risk of developing Respiratory Distress Syndrome (RDS) require surfactant therapy to reduce the risk of pneumothorax and neonatal death. In the traditional method, surfactant is instilled after endotracheal intubation and when the infant is mechanically ventilated, but minimally invasive surfactant therapy (MIST) is promising, in which surfactant is administered via a endotracheal catheter to a spontaneously breathing infant who then remains on non invasive ventilation (CPAP). In this way, possible disadvantageous effects of intubation and mechanical ventilation can be avoided. Although infants are routinely sedated for endotracheal intubation, it is unclear whether during a MIST procedure sedation should be given.

**Objective:** The primary objective of this study is to compare the level of stress and comfort of preterm infants when sedation is given during the MIST procedure compared to no sedation.

**Study design:** A single blinded randomized trial.

**Study population:** Preterm infants (26-37 weeks of gestation) needing surfactant therapy for RDS according to the local criteria ( $\text{FiO}_2 > 30\%$   $\text{O}_2$  and PEEP 8) will be randomized.

**Intervention:** The administration of propofol (1 mg/kg) or no sedation. In both groups standard comfort care will be given, which consists of administering sucrose 24% in the cheek pouch of the infant together with containing the infant with his pacifier two minutes before the intervention starts, and containing the infant during the procedure.

**Main study parameters/endpoints:** The main study parameter is the comfort-neo score, the primary endpoint is the percentage of infants with a comfort-neo score below 14 during the procedure.

**Nature and extent of the burden and risks associated with participation, benefit and group relatedness:** When randomized to the use of sedation, both risk and benefit are possible. Propofol is the standard sedative used in the unit, there is a low risk for side effects such as apnoea, bradycardia and hypotension. This risk is minimal as we will be using a lower dose than standardly used for endotracheal intubation (1 mg/kg instead of 2.5 mg/kg). Also, all standard precautions will be taken for immediate counteract/treatment of the possible side effects of propofol. However, because these risks exist in usual care (the supervising neonatologist decides whether or not an infant receives sedation for MIST), there is no additional risk when participating in this study. The possible benefits in the sedation group are more comfort during the procedure and a higher chance to a successful procedure at the first attempt.

## **Doel van het onderzoek**

There is consensus that an endotracheal intubation procedure should be performed while the infant is adequately sedated. However, whether sedation should be given during the minimal invasive surfactant procedure is still unclear. So far, no studies concerning sedation during this procedure have been performed. Although it has been argued that the laryngoscopy is highly uncomfortable, no studies in preterm infants have been performed. In contrast, experience from the feasibility studies suggests that the MIST procedure is generally well tolerated without any premedication. However, in these studies the comfort of the preterm infants during the procedure has not been objectively evaluated. In addition, it is unclear whether sedation will contribute to the risk for a failed procedure by compromising the infant's respiratory drive, but it can also increase the chance for an uneventful, smooth and successful procedure.

## **Onderzoeksopzet**

one hour before MIST procedure - discharge

## **Onderzoeksproduct en/of interventie**

The investigational treatment is the use of sedation during the MIST procedure. Hereby propofol will be used, which is standardly used in our NICU for intubation. The risk for side effects will be minimal as for the MIST procedure a lower dose will be used than the standard dose used for endotracheal intubation (1 mg/kg instead of 2.5 mg/kg). In both groups standard comfort care will be given, which consists of administering sucrose 24% in the cheek pouch of the infant together with containing the infant with his pacifier two minutes before the intervention starts, and containing the infant during the procedure.

## **Contactpersonen**

### **Publiek**

LUMC  
Janneke Dekker  
Albinusdreef 2  
Leiden 2333 ZA  
The Netherlands  
071-5266641

### **Wetenschappelijk**

LUMC  
Janneke Dekker

Albinusdreef 2  
Leiden 2333 ZA  
The Netherlands  
071-5266641

## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Preterm infants (26-37 weeks of gestation) needing surfactant therapy for RDS according to the local criteria ( $\text{FiO}_2 > 30\%$  and  $\text{PEEP} \geq 8$ ) can be randomized for sedation or no sedation.

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Excluded are infants where there is imminent need of intubation because of respiratory distress, apnoea or persistent acidosis. Infants who suffer from a pneumothorax or pulmonary haemorrhage will also be excluded.

## Onderzoeksopzet

### Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Enkelblind
Controle:	N.v.t. / onbekend

### Deelname

Nederland	
Status:	Werving gestopt
(Verwachte) startdatum:	05-01-2015
Aantal proefpersonen:	78

Type:

Werkelijke startdatum

## Ethische beoordeling

Positief advies

Datum:

18-12-2014

Soort:

Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

Register	ID
NTR-new	NL4765
NTR-old	NTR5010
Ander register	METC LUMC : P14263

## Resultaten