

# Individualized therapy in patients with primary membranous nephropathy

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In 70 % of patients anti-PLA2R antibodies (aPLA2R) can be identified. Although spontaneous remissions do occur, up to 50 % of patients may need immunosuppressive therapy. The KDIGO guideline recommend initial therapy with a 6-month course of...

|                             |                       |
|-----------------------------|-----------------------|
| <b>Ethische beoordeling</b> | Positief advies       |
| <b>Status</b>               | Werving gestart       |
| <b>Type aandoening</b>      | -                     |
| <b>Onderzoekstype</b>       | Interventie onderzoek |

## Samenvatting

### ID

NL-OMON28712

### Bron

NTR

### Verkorte titel

Antibody guided therapy in MN

### Aandoening

primary membranous nephropathy

### Ondersteuning

**Primaire sponsor:** Radboud UMC Nijmegen

**Overige ondersteuning:** Radboud UMC Nijmegen

### Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

- Cumulative incidence of remissions (complete- and partial remission), for a duration of at least 6 months.

Complete remission (CR) is defined as a protein-creatinine ratio  $\leq 0.2$  g/10 mmol creatinine with stable kidney function, and partial remission (PR) is defined as protein-creatinine ratio  $< 3.0$  g/10 mmol creatinine with a reduction of  $> 50$  % from baseline and stable kidney function. Achieving remission includes both partial and complete remission)

## Toelichting onderzoek

### Achtergrond van het onderzoek

In 70 % of patients anti-PLA2R antibodies (aPLA2R) can be identified. Although spontaneous remissions do occur, up to 50 % of patients may need immunosuppressive therapy. The KDIGO guideline recommend initial therapy with a 6-month course of alternating monthly cycles of an alkylating agent and steroids. In the literature different treatment protocols with variable duration of drug therapy are used, however in all studies treatment was not personalized. In previous studies it was shown that disappearance of aPLA2R preceded clinical remission by 2-3 months. We observed that in the majority of patients treated with cyclophosphamide (CP) and mycophenolic acid (MMF) aPLA2R disappeared after 2 months. Since august 2013 we use aPLA2R response to determine treatment duration in the individual patient. We use an antibody guided therapy protocol in patients treated with CP, MMF and tacrolimus. We expect that we will shorten the duration of therapy in many patients.

### Doel van het onderzoek

In 70 % of patients anti-PLA2R antibodies (aPLA2R) can be identified. Although spontaneous remissions do occur, up to 50 % of patients may need immunosuppressive therapy. The KDIGO guideline recommend initial therapy with a 6-month course of alternating monthly cycles of an alkylating agent and steroids. In the literature different treatment protocols with variable duration of drug therapy are used, however in all studies treatment was not personalized. In previous studies it was shown that disappearance of aPLA2R preceded clinical remission by 2-3 months. We observed that in the majority of patients treated with cyclophosphamide (CP) and mycophenolic acid (MMF) aPLA2R disappeared after 2 months. We use an antibody guided therapy protocol in patients treated with CP, MMF and tacrolimus. We expect that this will shorten the duration of therapy in many patients.

### Onderzoeksopzet

24 months

### Onderzoeksproduct en/of interventie

Since august 2013 we use aPLA2R response to determine treatment duration in the individual patient. In the case of treatment with CP and MMF (both in combination with steroids), aPLA2R are measured after resp. 8, 16 and 24 weeks with a commercial IFT. If antibodies are negative the CP/MMF is stopped and the steroids are tapered. If the aPLA2R antibodies are

still positive after 24 weeks of treatment and no complete remission is achieved further treatment with another agent is recommended. A maximum treatment duration of 6 months after the achievement of a partial remission is prescribed.

In case of tacrolimus (also in combination with prednisone); aPLA2R are measured after 24 weeks. If antibodies are negative the tacrolimus and the steroids are tapered. If the aPLA2R are still positive after 24 weeks of treatment further treatment is recommended and aPLA2R are measured again after 48 weeks. If, after 48 weeks of treatment continuation of treatment is recommended and aPLA2R are measured again after 48 weeks. If, after 48 weeks of treatment aPLA2R are still positive and no complete remission is achieved, further treatment with Rituximab (1000 mg) is recommended and the tacrolimus and the steroids are tapered.

For the cyclophamide group a comparison with a historical control group (treated with cyclophosphamide and steroids for 6-12 months) will be made.

## Contactpersonen

### Publiek

Radboud UMC afdeling nierziekten

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### Wetenschappelijk

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- patients with primary membranous nephropathy
- 18 years or older
- anti-PLA2R antibodies positive
- high risk of disease progression. High risk is defined as patients with a persisting nephritic syndrome (>6 months) despite conservative treatment, an urinary  $\beta$ 2-microglobulin ( $\beta$ 2m) excretion of >1000 ng/min or deteriorating kidney function, or severe symptoms related to the nephrotic syndrome.

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- anti-PLA2R antibodies negative
- participation in another clinical trial

## Onderzoeksopzet

### Opzet

|                  |                         |
|------------------|-------------------------|
| Type:            | Interventie onderzoek   |
| Onderzoeksmodel: | Parallel                |
| Toewijzing:      | Niet-gerandomiseerd     |
| Blinding:        | Open / niet geblindeerd |
| Controle:        | Geneesmiddel            |

### Deelname

|           |                 |
|-----------|-----------------|
| Nederland |                 |
| Status:   | Werving gestart |

(Verwachte) startdatum: 30-08-2013  
Aantal proefpersonen: 100  
Type: Verwachte startdatum

## Ethische beoordeling

Positief advies  
Datum: 31-08-2016  
Soort: Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

| Register       | ID   |
|----------------|--|
| NTR-new        | NL5890                                     |
| NTR-old        | NTR6078                                    |
| Ander register | commissie CMO Arnhem-Nijmegen. : 2014-1418 |

## Resultaten