# ProtEUs

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We hypothesize that an infant formula with an optimized amino acid composition and a lower protein content during the first 26 weeks of age is safe and results in comparable growth to standard formula fed infants at 17 weeks of age. Furthermore we...

Ethische beoordeling	Positief advies
Status	Werving gestopt
Type aandoening	-
Onderzoekstype	Interventie onderzoek

# Samenvatting

#### ID

NL-OMON28714

**Bron** NTR

Verkorte titel ProtEUs

#### Aandoening

Infant formula, Kunstvoeding Protein intake, eiwitinname Body Composition, lichaamssamenstelling

#### Ondersteuning

**Primaire sponsor:** VU University Medical Center **Overige ondersteuning:** The European Union's Seventh Framework Programme (FP7/2007-2013), project EarlyNutrition under grant agreement n°[289346]

#### **Onderzoeksproduct en/of interventie**

#### **Uitkomstmaten**

#### Primaire uitkomstmaten

The primary objective of this study is to investigate equivalence of weight gain from randomisation until 17 weeks of age in infants receiving the formula with an optimized amino acid composition and a lower total protein content compared to infants receiving the control product: a formula with a standard amino acid composition and protein content.

# **Toelichting onderzoek**

#### Achtergrond van het onderzoek

The prevalence of childhood obesity is increasing rapidly, its prevention is becoming a public health priority. Several

observational studies have shown an association between early nutrition and the risk of developing obesity later in life.

Formula-fed infants are more likely to become overweight compared with breast-fed infants. An important reason for this appears to be the higher protein content of formula. An infant formula with improved protein quality and a lower protein quantity may be of benefit to infants.

Objective of the study:

To assess the effect of an infant formula with an optimized amino acid composition and a lower total protein content during the first four months of life on infant growth. Study design:

Multicenter, double blind, randomized controlled trial.

Study population:

Healthy term infants.

Intervention (if applicable):

The intervention group (group A) will receive an infant formula with an optimized amino acid composition and reduced

protein content (test product) and the control group (group B) will receive infant formula with a standard amino acid

composition until the 26th week of age (control product). The intervention will start before the 45th day of life. Data on theprimary and secondary endpoints will be collected until 26 weeks of age.

A reference group with breast-fed infants (group C) will undergo the same measurements at the same time points.

Primary study parameters/outcome of the study: Infant weight gain from inclusion to the age of 17 weeks.

Secundary study parameters/outcome of the study (if applicable):

- Body composition

- Blood concentrations of total IGF-1, glucose, insulin, IGFBP1, IGFBP2, IGFBP3, leptin, amino acid profile, urea, metabolomics.

- Anthropometric measurements: length, waist circumference, head circumference, mid-arm circumference.

- Composition of fecal microbiota.

Nature and extent of the burden and risks associated with participation, benefit and group relatedness (if applicable):

The infants will visit the hospital 3 times during the study: at baseline and at 4 and 6 months of age. Each visit will take

about an hour. A blood sample will be taken at the age of 4 months. The amount of blood that will be taken is minimal (3

ml). During the intervention period, nutritional intake will be measured by a food questionnaire. For the determination of

body composition, the infants will visit the hospital 3 times during the intervention period.

There are no reasons to expect any risks from consumption of a formula partially based on free amino acids. There are

various reasons to hypothesize that infant formula with an optimized amino acid profile and a lower protein level exhibits

beneficial effects on growth, body composition and metabolic diseases in later life. Therefore it is possible that infants

fed with this formula may benefit from participation in the study by lower risk of overweight later in life.

Countries of recruitment: The Netherlands and Germany

#### Doel van het onderzoek

We hypothesize that an infant formula with an optimized amino acid composition and a lower protein content during the first 26 weeks of age is safe and results in comparable growth to standard formula fed infants at 17 weeks of age.

Furthermore we hypothesize that infant formula with an optimized amino acid profile and a lower protein level exhibits beneficial effects on weight gain, body composition and metabolic diseases in later life.

#### Onderzoeksopzet

The infants will visit the hospital 3 times during the study: at baseline and at 4 and 6 months of age. During the whole intervention period, nutritional intake will be measured by a food questionnaire.

#### **Onderzoeksproduct en/of interventie**

Formula-fed infants will be randomized into group A (test product) or group B (control product). Infants in group A will receive an infant formula with an optimized amino acid composition and infants in group B will receive an infant formula based on the standard amino acid composition. The study intervention ends at 26 weeks of age.

### Contactpersonen

#### **Publiek**

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### **Deelname eisen**

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- Born at term (born >37 weeks of gestation)
- Birth weight between p3 and p97 (WHO growth curves birth to 6 months of age)
- Age  $\leq$  45 days after birth

- Formula-fed (administration of one feed/gift human milk per day is allowed) OR human milkfed (administration of one feed/gift infant formula per day is allowed.

- Written informed consent of both parents or legal guardians

#### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- Multiple birth

- Infants known to have current or previous illnesses/conditions or intervention which could interfere with the study (growth), as per investigator's clinical judgement

- Infants with known congenital diseases or malformations which could interfere with the study (e.g. gastrointestinal malformations, congenital immunodeficiency), as per investigator's clinical judgement

- Infants who need to be fed with a special diet other than a standard cow's milk-based infant formula

- Infants with any history of or current participation in any other study involving investigational or marketed products.

# Onderzoeksopzet

### Opzet

Type: Onderzoeksmodel: Toewijzing: Blindering: Interventie onderzoek Parallel Gerandomiseerd Dubbelblind

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Controle:

Geneesmiddel

### Deelname

Nederland	
Status:	Werving gestopt
(Verwachte) startdatum:	01-10-2014
Aantal proefpersonen:	291
Туре:	Werkelijke startdatum

# **Ethische beoordeling**

Positief advies	
Datum:	03-10-2014
Soort:	Eerste indiening

# Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 41548 Bron: ToetsingOnline Titel:

#### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

Register	ID
NTR-new	NL4677
NTR-old	NTR4829
ССМО	NL47744.029.14
OMON	NL-OMON41548

# Resultaten

#### Samenvatting resultaten

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