A study on the effectiveness of the cognitive behavioral therapy "Seeking Safety" in reducing trauma and addiction related symptoms in a Dutch substance-use disorder population.

Gepubliceerd: 15-09-2011 Laatst bijgewerkt: 18-08-2022

Intervention group will show more improvement on substance use and trauma-related symptoms than control group.

Ethische beoordeling	Positief advies
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON28860

Bron
NTR

Aandoening

posttraumatic stress, substance use disorder, alcohol dependence, substance use dependence, trauma, seeking safety

Ondersteuning

Primaire sponsor: Tactus Addiction Treatment
Postbus 154
7400 AD Deventer
the Netherlands

NISPA
Postbus 9104

6500 HE Nijmegen
Overige ondersteuning: Tactus Addiction Treatment

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Severity of substance use as measured with the EuropASI at the start of treatment, the end of treatment and follow-up after three months.

Toelichting onderzoek

Achtergrond van het onderzoek

A randomized controlled trial in outpatient substance use patients and a controlled trial in an inpatient SUD population, to test the efficacy of Seeking Safety in addition to TAU, compared to TAU. It is expected that the intervention group will improve more on substance use severity and trauma symptoms (as measured with the EuropASI and the SRIP) than the control group.

Doel van het onderzoek

Intervention group will show more improvement on substance use and trauma-related symptoms than control group.

Onderzoeksopzet

Start of treatment, end of treatment (three months after start) and three months after end of treatment.

Onderzoeksproduct en/of interventie

Seeking Safety. A cognitive behavioral therapy focused on integrated treatment of substance use and PTSD, through coping-skillstraining, psycho-education and learning to obtain safety in all areas of life. It consists of 25 sessions of 75 minutes which will be offered twice a week for a duration of three months. This treatment will be offered in addition to treatment as usual, which is cognitive behavioral based relapse prevention. This treatment consists of weekly sessions of 2 hours for three months. The control group will only receive TAU.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Patient is indicated for clinical, day time or outpatient treatment within Tactus Addiction Treatment during the research period;

2. Age 18 years or older;

3. Speaks and understands Dutch language;

4. Signed informed consent;

5. Criterium A of PTSD and a score of ¡Ý 29 on the SRIP.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Severe psychiatric disorders that impede participation such as a severe bipolar or psychotic disorder;

2. Severe (self) destructive behavior;

3. Insufficient level of intelligence to participate in the study (estimated IQ below 85);

4. Active PTSD treatment within the last six months.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Enkelblind
Controle:	Geneesmiddel

Deelname

Nederland

Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-01-2012
Aantal proefpersonen:	130
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies

Datum:	15-09-2011
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL2938
NTR-old	NTR3084
Ander register	METC Twente : 33469
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Resultaten

Samenvatting resultaten
N/A