

# APPEAL-study

## Analysis of Predictive Parameters for Evident Anastomotic Leakage

### A Multicenter Cohort Study

Gepubliceerd: 27-03-2008 Laatste bijgewerkt: 18-08-2022

Drainage fluid of patients that received a primary colorectal anastomosis contains one or more biomarkers for anastomotic leakage that allow diagnosis of this complication in an early postoperative phase. The aim of this study is to identify these...

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON29099

### Bron

NTR

### Verkorte titel

APPEAL-study

### Aandoening

Anastomotic leakage, colorectal surgery, drainage fluid, biomarkers  
Naadlekkage, colorectale chirurgie, drainvocht

### Ondersteuning

**Primaire sponsor:** Erasmus MC, Rotterdam, The Netherlands

## Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

The primary outcome measure of the APPEAL-study is anastomotic leakage, defined as an insufficiency of the anastomosis, demonstrated by either endoscopy, radiologic studies or operation and leading to a clinical state that requires an intervention. These interventions are:

- a) Therapeutic drainage
- b) Use of therapeutic antibiotics
- c) Any surgical intervention, for example:
  - Construction diverting stoma
  - Construction new anastomosis
  - Surgical disconnection of the anastomosis
  - Suturing

## Toelichting onderzoek

#### Achtergrond van het onderzoek

The main complication after colorectal surgery is anastomotic leakage (AL), with an incidence varying between 5% and 15%. In an insufficient anastomosis, wall defects can develop through which non-sterile contents of the colon can leak into the abdominal or pelvic cavity. This can cause severe infections that can lead to sepsis, multiple organ failure and death. Mortality rates are approximately 10% to 20%.

Observation of clinical signs and symptoms of AL, the current diagnostic tools, is not very specific. They can mimic several common, less severe, postoperative infections. Diagnostic tests for these infections can delay the actual diagnosis. On top of that, when AL has already progressed to a state of clinical manifestation, the patient is already ill and treatment should be initiated. Imaging modalities, more specific abdominal CT-scans and contrast enemas, are normally used to confirm a clinical diagnosis of AL (4). This means that imaging is done when the patient has already shown signs and symptoms and treatment has to be initiated. In short, it can be stated there is much need for an objective biomarker of AL.

An accepted method for prevention of complications of AL after colorectal surgery is prophylactic drainage. This enables postoperative evacuation of blood and wound fluid collections and therefore decreases the risk of infection. The aim of the APPEAL-study is to analyse these collections, retrieved from the drain's reservoir, for potential biomarkers of AL

in an early stage. Drainage fluid will be collected during 5 days. The fluid will be processed in the laboratory of microbiology, where a culture is done and the remaining fluid is centrifugated and frozen for later, in batch, analysis. The clinical chemical tests will be done in batch in the Erasmus MC. The cultures, centrifugation and freezing of the fluids will be done at the laboratory of microbiology of the participating medical center.

The results of the cultures and clinical chemical analyses will be known for the researcher, not for the patient and not for the medical doctors treating the patient. The results of the group with anastomotic leakage will be compared with the results of the group without anastomotic leakage in order to define one or more biomarkers.

## **Doel van het onderzoek**

Drainage fluid of patients that received a primary colorectal anastomosis contains one or more biomarkers for anastomotic leakage that allow diagnosis of this complication in an early postoperative phase. The aim of this study is to identify these potential biomarkers.

## **Onderzoeksopzet**

Drainage fluid will be taken from the drain during the first 5 postoperative days.

During the first postoperative consultation after approximately one month the patient will be evaluated for signs of anastomotic leakage.

Analysis of drainage fluid will be done when a sufficient number of samples is collected for efficient analysis.

## **Onderzoeksproduct en/of interventie**

Prophylactic drainage after colorectal surgery is common practice. When a drain is left behind during operation the patient can be included in the study. The only difference with routine practice is that the drain will stay in place until the fifth postoperative day, which is longer than in routine practice. When complications or discomfort occurs before this term the drain will be removed.

# **Contactpersonen**

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## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

1. All patients in which a drain has been placed at the anastomotic site after one of the following procedures:

- Left hemicolectomy
- Sigmoid resection
- Anterior resection (high & low)
- Total Mesorectal Excision
- Subtotal colectomy with ileo-rectal or ileo-anal anastomosis

2. Informed consent

3. Primary anastomosis

### **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. Pregnancy

2. Age < 18 years
3. Refusing to participate
4. Urgent operation
5. No drain

## Onderzoeksopzet

### Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Anders
Toewijzing:	Niet-gerandomiseerd
<b>Controle:</b>	N.v.t. / onbekend

### Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	02-02-2007
Aantal proefpersonen:	273
Type:	Verwachte startdatum

## Ethische beoordeling

Positief advies	
Datum:	27-03-2008
Soort:	Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

## Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register	ID
NTR-new	NL1213
NTR-old	NTR1258
Ander register	MEC : 2006-183
ISRCTN	ISRCTN wordt niet meer aangevraagd

## Resultaten

### Samenvatting resultaten

N/A