

# Pilot study of the effects of an E health module psychoeducation on the degree of shared decision making in people with personality disorder

Gepubliceerd: 22-01-2017 Laatst bijgewerkt: 18-08-2022

The expectation is that: 1) Most of the patients with personality want to take an active part in the decision-making process around the care to be provided. 2) Patients after following the module psycho-education have more knowledge about their...

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON29200

### Bron

Nationaal Trial Register

### Aandoening

psychoeducation  
shared decision making  
personality disorder

### Ondersteuning

**Primaire sponsor:** PSYQ/Lentis

**Overige ondersteuning:** PSYQ/Lentis

### Onderzoeksproduct en/of interventie

### Uitkomstmatten

#### Primaire uitkomstmatten

shared decision making measured with the Comrade

## Toelichting onderzoek

### Achtergrond van het onderzoek

With this research we want to investigate whether an online module psycho education of personality disorders leads to a better shared decision-making, more knowledge about the problems they cope with and whether in the often lengthy treatment that is following it results in more motivation and thus less drop-out during treatment. We also want to know whether this module gives participants the feeling of more control over their problems and treatment.

### Doel van het onderzoek

The expectation is that:

- 1) Most of the patients with personality want to take an active part in the decision-making process around the care to be provided.
- 2) Patients after following the module psycho-education have more knowledge about their disease and the available treatment alternatives.
- 3) Patients armed with this knowledge will be better able to make a choice on an equal footing by SDM with their clinician for care to follow.
- 4) The fact that this greater degree of SDM will increase the motivation for treatment.
- 5) That such increased treatment motivation will result in a lower drop-out / improved compliance and better treatment outcomes in the four months following the intervention.

### Onderzoeksopzet

pre- and post measurement

### Onderzoeksproduct en/of interventie

Online (blended)module psychoeducation of 4 sessions wil be compared to the care as usual

# Contactpersonen

## Publiek

Hoornstra  
Groningen  
The Netherlands

## Wetenschappelijk

Hoornstra  
Groningen  
The Netherlands

## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- Main condition DSM-IV/5 personality disorder or a suspected personality disorder (provided by a registered practitioner BIG)
- Age: 18-65 years
- Sufficient knowledge of the Dutch language both written and verbal (is checked in interview)

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- A crisis or psychotic state requiring immediate treatment
- do not have access to computer or Internet
- IQ <80
- Acute suicidality
- A primary Axis I diagnosis
- Participation in another (conflicting) research

# Onderzoeksopzet

## Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Niet-gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

## Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	20-01-2017
Aantal proefpersonen:	60
Type:	Verwachte startdatum

## Ethische beoordeling

Positief advies	
Datum:	22-01-2017
Soort:	Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register	ID
NTR-new	NL5986
NTR-old	NTR6352
Ander register	: 201600759

## Resultaten