Prevention of panic disorder: A randomised clinical trial adjoining cost-effectiveness study.

Gepubliceerd: 01-08-2005 Laatst bijgewerkt: 18-08-2022

The preventive group course "No Panic" would show superior effects in lowering the incidence of panic disorder, reducing panic symptoms, improving quality of life and reduced economic costs, compared with a waiting-list control group.

Ethische beoordeling	Positief advies
Status	Werving gestopt
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON29238

Bron
Nationaal Trial Register

Verkorte titel
N/A

Aandoening

In the Netherlands, each year 242.000 peope aged 18-65 years suffer from panic disorder. Panic disorder is a severe and persistent mental disorder, associated with a high degree of subjective distress, occupational and social disability. For these reasons, prevention of panic disorder is an important issue.

Ondersteuning

Primaire sponsor: Trimbos Institute/Netherlands Instute of Mental Health and Addiction (G. Willemse, F. Smit)
GGNet (P. Meulenbeek)
Vrije Universiteit Amsterdam (P. Cuijpers)
Overige ondersteuning: ZonMw (Healthcare Research Council of the Netherlands)

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Incidence of DSM-IV panic disorder.

Toelichting onderzoek

Achtergrond van het onderzoek

Panic disorder is a severe and persistent mental disorder, associated with a high degree of subjective distress, occupational and social disability. In the Netherlands, each year 242.000 peope aged 18-65 years suffer from panic disorder. A promising intervention aimed at preventing panic disorder and reducing panic symptoms, is the Dutch cognitive-behavioural group course "No Panic". In this trial, respondents are randomly assigned to the group course "No Panic" or to the waiting-list condition, in which the course will be offered later. Data will be collected prior to the intervention, after the intervention and after 6 months. We predict that the experimental condition would show superior effects in lowering the incidence of panic disorder, reducing panic symptoms, improving quality of life and reducing economic costs.

Doel van het onderzoek

The preventive group course "No Panic" would show superior effects in lowering the incidence of panic disorder, reducing panic symptoms, improving quality of life and reduced economic costs, compared with a waiting-list control group.

Onderzoeksopzet

N/A

Onderzoeksproduct en/of interventie

Experimental condition: the preventive group course "No Panic". This intervention is based on cognitive-behavioural therapy proved to be effective for patients with a full-blown panic disorder. The course consists of 8 sessions of 2 hours each (session 1-6 are weekly, session 7-8 are 2-weekly).

Control condition: waiting-list condition. Respondents assigned to this condition receive the course after the experimental group.

Contactpersonen

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Persons aged 18-65 with subclinical panic disorder (symptoms), with or without symptoms of agoraphobia.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Score of 13 or higher on the Panic Disorder Severity Scale (PDSS);

2. DSM-IV diagnosis of panic disorder;

3. Comorbid severe depressive disorder (DSM-IV);

4. Comorbid other mental or social problems that deserve priority;

5. Language or learning difficulties;

6. Not be able to function in a group;

7. Insufficient intellectual capabilities to follow the course;

8. Cardiological treatment.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Open / niet geblindeerd
Controle:	Geneesmiddel

Deelname

Nederland

Status:	Werving gestopt
(Verwachte) startdatum:	01-09-2005
Aantal proefpersonen:	286
Type:	Werkelijke startdatum

Ethische beoordeling

Positief advies

Datum:	01-08-2005
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL67
NTR-old	NTR99
Ander register	: 63-438
ISRCTN	ISRCTN33407455

Resultaten

Samenvatting resultaten
N/A