

Optimizing transmural perioperative care after gynaecological surgery.

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New perioperative care program will improve return to (work)activities, quality of life and quality of recovery in patients undergoing gynaecological surgical procedures, compared to usual given care.

Ethische beoordeling	Positief advies
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON29305

Bron

NTR

Verkorte titel

N/A

Aandoening

hysterectomy, laparoscopic adnexal surgery, ovariectomy, convalescence, recommendations, return to work

Ondersteuning

Primaire sponsor: VU University Medical Center, EMGO+ institute, Department of Obstetrics and Gynaecology and Department of Public and Occupational Health

Overige ondersteuning: ZonMw, VU University Medical Center

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Sick leave duration until full return to work.

Toelichting onderzoek

Achtergrond van het onderzoek

Patients will be guided and empowered by using a weblog with multidisciplinary recommendations for resumption of (work) activities after gynaecological surgery.

Doel van het onderzoek

New perioperative care program will improve return to (work)activities, quality of life and quality of recovery in patients undergoing gynaecological surgical procedures, compared to usual given care.

Onderzoeksopzet

Baseline, 2, 6, 12 and 26 weeks after operation.

Onderzoeksproduct en/of interventie

Interactive website.

Control group: Usual care, i.e. no standardised, preoperative or postoperative information on return to work will be given to the patients. They will have the possibility to use the weblog, but it doesn't contain any new information besides a patient information leaflet.

Intervention group: Patients will be given access to their own personal webbased file to see their tailor-made pre- and postoperative information on convalescence (eg. lifting, resumption of daily activities and return to work). If the patients give their consent, the information may be used to inform the general practitioner, occupational physician and employer. Patients will fill in an ICT log, which allows detection of physical-, mental- or work-related recovery problems. If necessary, the patient will be given advice concerning additional care (e.g. clinical occupational physician trained as care manager, ergonomic intervention). Furthermore, patients have the opportunity to place questions related to their operation on their weblog, which will be answered. Additional information concerning the operation and convalescence, as well as a forum, will be available on the weblog.

Contactpersonen

Publiek

Van der Boechorststraat 7
A. Vonk Noordegraaf
Amsterdam 1081 BT
The Netherlands
+31 (0)20 4446065

Wetenschappelijk

Van der Boechorststraat 7
A. Vonk Noordegraaf
Amsterdam 1081 BT
The Netherlands
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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Employed women (>8hrs/wk), aged between 18-65 years, scheduled in one of the participating hospitals for a hysterectomy or laparoscopic adnexal surgery due to benign disorders.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Malignancy;
2. (Ectopic) pregnancy;
3. Deep infiltrating endometriosis;
4. Concomitant surgical procedures or major health problems affecting recovery or daily activities;
5. Sick listed for more than 4 weeks (or more than 2 months when the operation is the reason of the absence of work);

6. Dealing with a lawsuit against their employer;
7. Not able to understand or complete the questionnaires;
8. No access to the internet.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Enkelblind
Controle:	Placebo

Deelname

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-12-2009
Aantal proefpersonen:	144
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	19-08-2009
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL1970
NTR-old	NTR2087
Ander register	WC 2008/102 : 2009/218
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Resultaten

Samenvatting resultaten

N/A