# Improving positive interaction between depressed mothers and their infants: A effect study on a preventive program for mother mother and child.

Gepubliceerd: 16-10-2005 Laatst bijgewerkt: 18-08-2022

The mother baby intervention positively affects the quality of the mother-child interaction, particularly the mother's sensitivity towards her child and the child's responsiveness and involvement, and (2) The intervention positively affects the...

Ethische beoordeling	Positief advies
Status	Werving gestopt
Type aandoening	-
Onderzoekstype	Interventie onderzoek

# Samenvatting

### ID

NL-OMON29338

Bron NTR

**Verkorte titel** N/A

#### Aandoening

Experimental condition: mother-baby intervention. Control condition: minimal intervention.

#### Ondersteuning

**Primaire sponsor:** Community Mental Health Center RIAGG IJsselland, the Netherlands. **Overige ondersteuning:** Netherlands Health Research and Development Council ZonMw, The Foundation for Children's Welfare Stamps Netherlands SKN,

### **Onderzoeksproduct en/of interventie**

### Uitkomstmaten

#### Primaire uitkomstmaten

Quality of the mother-child interaction.

# **Toelichting onderzoek**

#### Achtergrond van het onderzoek

Infants of depressed mothers are at high risk to develop mental and socio-emotional problems in adolescence and adulthood. Early interventions focused on improving mother-child interactions are deemed to benefit the infant's development and prevent psychopathology. The effects of an early mother-baby intervention program on the quality of the mother-child interaction and infant attachment security and socio-emotional functioning was tested.

Design:

Randomized controlled trial.

Setting:

Eight Dutch outpatient treatment centers serving adults with serious mental disorders.

Participants:

Seventy-one depressed mothers, meeting the DSM-VI criteria for a depressive episode or dysthymia, with infants aged 1-12 months. Comorbid psychotic disorders, manic depression, and substance abuse were excluded, other psychiatric comorbidity was not.

#### Intervention:

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Depressed mothers were randomly assigned to either the control (n = 36) or the experimental condition (n = 35), thus receiving either 3-month parenting support comprising three telephone contacts with a child therapist or the treatment program comprising 8-10 home visits by an experienced prevention therapist. All mothers concurrently received separate treatment by a psychiatrist of psychologist for their depressive symptoms.

Main outcome measures:

Quality of the mother-child interaction, infant attachment security and socio-emotional functioning.

#### Doel van het onderzoek

The mother baby intervention positively affects the quality of the mother-child interaction, particularly the mother's sensitivity towards her child and the child's responsiveness and involvement, and (2) The intervention positively affects the children's attachment security and socio-emotional functioning.

#### Onderzoeksopzet

N/A

#### **Onderzoeksproduct en/of interventie**

Intervention:

the mother-baby program comprising 8-10 home visits by an experienced prevention therapist.

Control condition:

3-month parenting support comprising three telephone contacts with a child therapist or.

All mothers concurrently received separate treatment by a psychiatrist of psychologist for their depressive symptoms.

# Contactpersonen

#### **Publiek**

University Medical Center St. Radboud, Department of Clinical Psychology, Prevention Research Center, P.O. Box 9104 Karin Doesum, van Nijmegen 6500 HE The Netherlands

#### Wetenschappelijk

University Medical Center St. Radboud, Department of Clinical Psychology, Prevention Research Center, P.O. Box 9104 Karin Doesum, van Nijmegen 6500 HE The Netherlands

## **Deelname eisen**

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Mothers with an infant not older than 12 months, who met the DSM-IV criteria for a major depressive episode or dysthymia and/or exhibited elevated levels of depressive symptoms (BDI >14);

2. psychiatric comorbidity was allowed.

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- 1. Comorbid psychotic disorders;
- 2. manic depression;
- 3. substance abuse were excluded.

# Onderzoeksopzet

### Opzet

Туре:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Enkelblind
Controle:	Placebo

#### Deelname

Nederland	
Status:	Werving gestopt
(Verwachte) startdatum:	01-01-2000
Aantal proefpersonen:	71
Туре:	Werkelijke startdatum

# **Ethische beoordeling**

Positief advies	
Datum:	16-10-2005
Soort:	Eerste indiening

# **Registraties**

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

Register	ID
NTR-new	NL417
NTR-old	NTR457
Ander register	: N/A
ISRCTN	ISRCTN83523136

# Resultaten

#### Samenvatting resultaten

 Van Doesum KTM, Hosman CMH, Riksen-Walraven JM. A model based intervention for depressed mothers and their infants. Inf Mental Hlth J. 2005;26(2):157-176. <br>
 Van Doesum KTM, Hosman CMH, Riksen-Walraven JM, Hoefnagels C Predicting depressed mothers' sensitivity towards their infants: the role of maternal, child and contextual characteristics (in preparation). <br>

3. Van Doesum KTM, Hosman CMH, Riksen-Walraven JM, Hoefnagels C. A randomized controlled trial of an early intervention aimed at preventing relationship problems in depressed mothers and their infants. Child Dev. 2008 May-Jun;79(3):547-61.