# Shared Decision Making in Mental Health with Routine Outcome Monitoring (ROM) as an information source.

Gepubliceerd: 24-06-2015 Laatst bijgewerkt: 18-08-2022

In this study, we aim to research the appliance of ROM in Shared Decision Making about treatment options between client and practitioner. We will compare two different conditions. In one condition, the Breakthrough-intervention teams, Shared...

**Ethische beoordeling** Positief advies

**Status** Werving nog niet gestart

Type aandoening

**Onderzoekstype** Interventie onderzoek

# Samenvatting

#### ID

NL-OMON29464

**Bron** 

NTR

Verkorte titel

Geen

#### **Aandoening**

Shared Decision Making, Routine Outcome Monitoring, Breakthrough project, Mental Health, Doorbraak project, ROM, gedeelde besluitvorming, gezamenlijke besluitvorming, GGZ

# **Ondersteuning**

**Primaire sponsor:** Performance: Trimbos-institute and VU(MC)

**Overige ondersteuning:** Breakthrough implementation project is funded by the Network for Quality Development in the Mental Health

# Onderzoeksproduct en/of interventie

#### **Uitkomstmaten**

#### Primaire uitkomstmaten

The client's perception of shared decision making

# **Toelichting onderzoek**

#### Achtergrond van het onderzoek

Although up to now results of Shared Decision Making in mental health are comparable with physical health settings, few studies have been conducted in mental health. Besides the appliance of ROM as an information source in Shared Decision Making between client and practitioner is an innovative intervention in mental health. To our knowledge research to the usage of ROM in Shared Decision Making has not been available yet. One of the purposes of the Dutch Breakthrough ROM-project, funded by the Network for Quality Development in the Mental Health, is to implement ROM as a source in Shared Decision Making by teams in Mental Health Organisations and self-employed practitioners. Because there is little known about the effects of this intervention, it is desirable to evaluate the effects of the implementation of ROM as a tool in Shared Decision Making. In this study, we aim to research the appliance of ROM in Shared Decision Making about treatment options between client and practitioner.

#### Doel van het onderzoek

In this study, we aim to research the appliance of ROM in Shared Decision Making about treatment options between client and practitioner. We will compare two different conditions. In one condition, the Breakthrough-intervention teams, Shared Decision Making with ROM will have been implemented before this study will start. In the other condition, the Shadow-control teams will implement Shared Decision Making with ROM in a later phase, after data collection for this study.

The primary outcome measure will be the client's perception of shared decision making. The secondary outcome parameter will be the client-practitioner relationship. Additionally we will investigate the influence on the client's commitment to the treatment. Depends on the patient population we also look at the effects on the reduction of symptoms, the improvement of functioning in the society or quality of live. Overall we expect positive effects on the primary, secondary and additional outcome parameters in the Breakthrough teams which will implement shared decision making with ROM at first.

#### **Onderzoeksopzet**

Three measurement points in 6 months:

T0 (baseline), T1 (+/- 3 months), T2 (+/- 6 months) Inclusion patients in 3-4 months

#### Onderzoeksproduct en/of interventie

Appliance of Routine Outcome monitoring in Shared Decision Making about treatment options between client and practitioner.

Routine Outcome Monitoring refers to regular measurements of clients' progress in clinical practice, using standardized instruments, aiming to evaluate and, if necessary, adapt treatment.

Breakthrough, intervention teams, receive training in SDM & ROM model, support and coaching in the implementation.

# Contactpersonen

#### **Publiek**

Da Costakade 45 - 3521 VS Utrecht

Metz Margot Postbus 725

Utrecht 3500 AS The Netherlands 06 51 43 72 69

# Wetenschappelijk

Da Costakade 45 - 3521 VS Utrecht

Metz Margot Postbus 725

Utrecht 3500 AS The Netherlands 06 51 43 72 69

# **Deelname** eisen

# Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Teams which are participating in the Dutch Breakthrough ROM network (project).

Inclusion of clients which are receiving treatment (through the participating teams/practioners) and will give informed consent.

# Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Clients who are nog able to speak and read Dutch.

Clients who don't agree with participating in the study (no informed consent)

# **Onderzoeksopzet**

#### **Opzet**

Type: Interventie onderzoek

Onderzoeksmodel: Parallel

Toewijzing: Gerandomiseerd

Blindering: Open / niet geblindeerd

Controle: Geneesmiddel

#### **Deelname**

Nederland

Status: Werving nog niet gestart

(Verwachte) startdatum: 01-08-2015

Aantal proefpersonen: 364

Type: Verwachte startdatum

# **Ethische beoordeling**

Positief advies

Datum: 24-06-2015

Soort: Eerste indiening

# **Registraties**

#### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

#### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

# In overige registers

Register ID

NTR-new NL5033 NTR-old NTR5262

Ander register WC EMGO VUMC, number will be expected: METC VUMC 2015.237

# Resultaten

#### Samenvatting resultaten

not yet