Evaluation of a Smoking Cessation Intervention for Parents.

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Telephone counseling is effective in aiding smoking cessation. The proportion of successful cessation after 3 months and 12 months will be significantly higher in the intervention condition compared to the control condition. Additionally, children...

Ethische beoordeling	Niet van toepassing
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON29474

Bron
NTR

Aandoening

Cigarette smoking, Intergenerational transmission of smoking-related cognitions and behaviour

Ondersteuning

Primaire sponsor: Radboud University Nijmegen, dep. of developmental psychopathology
Overige ondersteuning: ZonMw, The Netherlands Organization for Health Research and Development

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

1. 7-day prevalent abstinence at 3 months;
2. 7-day prevalent abstinence at 12 months;
3. continuous abstinence (abstinence between 3 and 12 months);

4. 24-h prevalent abstinence at 3 months;
5. 24-h prevalent abstinence at 12 months.

Toelichting onderzoek

Achtergrond van het onderzoek

The aim to study is to conduct a randomized, controlled trial to evaluate the effect of a telephone counseling intervention to aid smoking cessation in smoking parents. Parents will be proactively recruited through their childrens' elementary schools and randomized to the intervention condition or a control condition. In addition to the evaluation of the effectiveness of the intervention, we will test the preventive effects of parental smoking cessation on smoking-related cognitions (e.g., intention to smoke, self-efficacy, pros and cons of smoking, smoking norms) in their children.

Doel van het onderzoek

Telephone counseling is effective in aiding smoking cessation. The proportion of successful cessation after 3 months and 12 months will be significantly higher in the intervention condition compared to the control condition. Additionally, children of parents in the intervention condition will be more likely to have more negative attitudes and norms towards smoking, higher self-efficacy, and a lower intention to start smoking compared to children of parents in the control condition.

Onderzoeksopzet

1. 0 (start);

2. After 3 months;

3. After 12 months (end).

In the present study, we will primarily use validated measures (e.g., the FTND to assess nicotine dependence).

Additionally, we will use measures that are commonly employed in recent literature (e.g. self-reported abstinence rates to assess smoking cessation).

Incidentally, we will use measures that are novel or author-constructed.

Onderzoeksproduct en/of interventie

In the intervention condition, a telephone counseling intervention will be delivered in collaboration with STIVORO (independent expert centre for tobacco control). The intervention consists of one intake call (20-30 minutes) and up to six additional telephone calls (10 minutes). All phone calls will be initiated by the counselor. Telephone counseling will take place during a period of three months and integrates motivational interviewing's counseling style and cognitive-behavioral skill building components. Additionally, participants will receive three supplementary brochures providing further information about smoking and smoking cessation, motivation- and skill-enhancing messages, tips for quitting smoking, and cognitive-behavioural skill-building exercises.

In the control condition, participants will receive a standard brochure to aid smoking cessation.

Contactpersonen

Publiek

P.O. Box 9104
Kathrin Schuck
Behavioural Science Institute
Radboud University Nijmegen
Nijmegen 6500 HE
The Netherlands
+31 (0)24 2612705

Wetenschappelijk

P.O. Box 9104
Kathrin Schuck
Behavioural Science Institute
Radboud University Nijmegen
Nijmegen 6500 HE
The Netherlands
+31 (0)24 2612705

Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Parents of children in grades 6-8 (9-12 years);

2. Daily or weekly smoking;

3. Current or future plans to quit smoking;

4. Informed consent.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

N/A

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Enkelblind
Controle:	Geneesmiddel

Deelname

Nederland

Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-02-2011
Aantal proefpersonen:	512
Type:	Verwachte startdatum

Ethische beoordeling

Niet van toepassing
Soort: Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL2582
NTR-old	NTR2707
Ander register	ZonMw : 50-50110-96-639
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Resultaten

Samenvatting resultaten
N/A