

# Differences in maternal temperature and saturation after administration of remifentanil PCA or epidural analgesia during labor

Gepubliceerd: 20-10-2008 Laatst bijgewerkt: 18-08-2022

1. Epidural analgesia leads to a higher frequency of maternal fever as compared to patients receiving remifentanil PCA or no analgesia. 2. Maternal saturation scores are lower in parturients receiving remifentanil PCA compared to patients...

|                             |                          |
|-----------------------------|--------------------------|
| <b>Ethische beoordeling</b> | Positief advies          |
| <b>Status</b>               | Werving nog niet gestart |
| <b>Type aandoening</b>      | -                        |
| <b>Onderzoekstype</b>       | Interventie onderzoek    |

## Samenvatting

### ID

NL-OMON29662

### Bron

NTR

### Verkorte titel

N/A

### Aandoening

labor pain, labour pain, saturation, temperature, epidural analgesia, remifentanil  
baringspijn, saturatie, temperatuur, epiduraal

### Ondersteuning

**Primaire sponsor:** Leiden University Medical Center (LUMC)

**Overige ondersteuning:** Leiden University Medical Center (LUMC)

### Onderzoeksproduct en/of interventie

## **Uitkomstmaten**

### **Primaire uitkomstmaten**

Main objective is to compare the side effects of remifentanil PCA with those of epidural analgesia. The evaluation will be based upon the following parameters:<br>

1. maternal temperature<br>
2. maternal saturation<br>

## **Toelichting onderzoek**

### **Achtergrond van het onderzoek**

#### Introduction

Epidural analgesia is considered to be the best form of pain relief during labor. However its use has been associated with an increase of maternal temperature. This can lead to unnecessary administration of antibiotics during labor and observation and treatment for sepsis of neonates.

A relatively new option for obstetric analgesia is remifentanil PCA. Possible adverse effects of remifentanil resemble those of other opioids and include hypotension and respiratory depression.

#### Hypothesis

Epidural analgesia leads to a higher incidence of maternal fever as compared to patients receiving remifentanil PCA or no analgesia.

Maternal saturation scores are lower in parturients receiving remifentanil PCA compared to patients receiving epidural analgesia or no analgesia.

#### Objective

The main objective of this study is to compare the side effects of remifentanil, administered intravenous patient-controlled, with those of epidural analgesia.

The evaluation will be based upon the following outcome parameters:

- Maternal temperature
- Maternal saturation

## Secondary Objective

- To compare the incidences of other known side effects, in particular nausea, pruritus, sedation and hypotension.
- Fetal outcome as determined by Apgar scores, umbilical cord pH, NACS and requirement for naloxone.

## Methods

One hundred and seventy-five parturients will be recruited. Patients requesting analgesia will be randomized to receive either remifentanil PCA or epidural analgesia. Parturients receiving no analgesia will form the control group.

Maternal bloodpressure, heart rate, saturation and temperature will be measured at regular intervals. Painscores will be assessed using a visual analogue scale.

Fetal heart rate and uterine activity will be measured continuously. At delivery neonatal outcome including Apgar scores at 1 and 5 minutes, cord blood gas analysis and the Neurologic and Adaptive Capacity Score (NACS) will be recorded.

## Poweranalysis

A total population of 175 patients is needed for this trial.

## **DoeI van het onderzoek**

1. Epidural analgesia leads to a higher frequency of maternal fever as compared to patients receiving remifentanil PCA or no analgesia.
2. Maternal saturation scores are lower in parturients receiving remifentanil PCA compared to patients receiving epidural analgesia or no analgesia.

## **Onderzoeksopzet**

- Maternal bloodpressure, heart rate, saturation and temperature will be measured at regular intervals.
- Fetal heart rate and uterine activity will be measured continuously.
- At delivery neonatal outcome including Apgar scores at 1 and 5 minutes, cord blood gas analysis and the Neurologic and Adaptive Capacity Score (NACS) will be recorded.

## **Onderzoeksproduct en/of interventie**

All patients will enter the study in a control group (group with no analgesia). Patients requesting analgesia, will be randomized to one of two study groups:

1. remifentanil patient controlled analgesia
2. epidural analgesia

## Contactpersonen

### Publiek

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### Wetenschappelijk

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Age 18 years and older
2. Between 24-42 weeks of gestation
3. ASA I or II

## **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. Prior administration of regional or opioid analgesia (during this delivery)
2. Morbid obesity (BMI > 40kg/m<sup>2</sup>)
3. Drug allergy: history of hypersensitivity to opioid or local anesthetic substances
4. Severe pre-eclampsia (proteinuria > 5 grams)
5. Use of antibiotics during delivery
6. Initial maternal SpO<sub>2</sub> of less than 98%
7. Initial maternal temperature of 38 C or higher
8. Cervical dilation of > 7cm
9. Ruptured membranes for more than 24 hours at time of inclusion
10. Contraindication for epidural analgesia

## **Onderzoeksopzet**

### **Opzet**

|                  |                         |
|------------------|-------------------------|
| Type:            | Interventie onderzoek   |
| Onderzoeksmodel: | Parallel                |
| Toewijzing:      | Gerandomiseerd          |
| Blinding:        | Open / niet geblindeerd |
| Controle:        | Geneesmiddel            |

### **Deelname**

|                         |                          |
|-------------------------|--------------------------|
| Nederland               |                          |
| Status:                 | Werving nog niet gestart |
| (Verwachte) startdatum: | 01-11-2008               |
| Aantal proefpersonen:   | 175                      |
| Type:                   | Verwachte startdatum     |

## Ethische beoordeling

Positief advies

Datum: 20-10-2008

Soort: Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

| Register       | ID                                 |
|----------------|------------------------------------|
| NTR-new        | NL1437                             |
| NTR-old        | NTR1498                            |
| Ander register | : P08.092                          |
| ISRCTN         | ISRCTN wordt niet meer aangevraagd |

## Resultaten